

Class 2, Fundamental Dance – CAFOD inspired.



Linking with our topic this term, we are looking at African music and movement in our PE lessons. We will be creating our own sequence of moves to a range of different African rhythms. We will look at using different pathways for our movements.



We will look at story telling through movement. The children will think about how to use movement to explore and communicate ideas and thoughts from numerous stimuli e.g. poems, pictures, music.



We will explore body actions, e.g. turning, rolling, travelling, gestures and use different parts of their body to make movements.



To create our dances, we will be looking at the key Elements:

Action: WHAT?

Space: Where?

Dynamics: How?

Relationships: Whom?

