

Basketball is fun and exciting to play. This half term we will play adapted Basketball games to enhance physical, mental and social development and to promote co-ordination, control, teamwork and leadership.

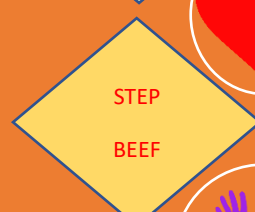
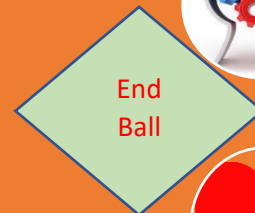
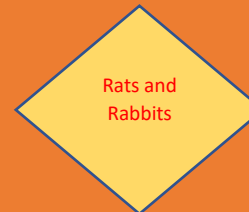
Learning Objectives:

- Identify the fundamental movement skills used in basketball
- Know how to dribble using the correct technique
- Know the different passes used in basketball
- Understand the passing and dribbling rule
- Improve and develop fundamental basket ball skills
- Keep possession of the ball when dribbling
- Invent own dribbling drill using previous knowledge and apply STEP process
- Learn how to man to man mark



Language Development:

Agility, tactics, jump, shot, balance, defence, dribble, bounce pass, chest pass, block, speed, backboard, balance, 3 points, marking, teamwork.



Identify and explore the different fms used in basketball

Show some control of the ball when dribbling and passing

Describe key points to remember when dribbling

Name at least 2 passes

Describe the dribbling and passing rule

Show control of body when performing fms

Keep possession of the ball when under pressure

Work effectively in a group to create a new dribbling activity

Understand how to make the activity easier or harder (STEP)

Show pressure when marking an opponent

Useful Links

www.basketballengland.co.uk