Lent and Holy Week is a time of giving in different ways and remembering the total giving of Jesus. In his Gospel, Matthew makes it clear that in loving and caring for other people we are loving and caring for Jesus.

Lent is the season when Christians practise both giving and giving up, to identify with the complete self-offering of Jesus.









Year 3







OUR BIG QUESTION

What makes some people give everything for others?



REFLECTION

Lord, when I am hungry give me someone to feed:

When I am thirsty give water for their thirst.

When a burden weighs upon me lay upon my shoulders the burden of my fellows.

Lord, when I stand greatly in need of tenderness, give me someone who yearns for love. May your will be my bread;

Your grace my strength; Your love my resting place.

KEY VOCABULARY

self-giving courage Ash Wednesday Holy Week

praying fasting almsgiving Resurrection

SCRIPTURE

Matthew 5: 1-17

Luke 4: 1-4

Mark 14:26-31, 32-46

Matthew 25: 31-40

Mark 15: 21-27

Luke 24: 1-12

Luke 23:33-35.38-43