



Upper Key Stage 2 Being Me



**St Ralph
Sherwin**
Catholic Multi Academy Trust

We are learning about how we are all different and about the communities and groups we belong to.

Learning

L7 - Exploring different kinds of responsibilities at school and in the community.

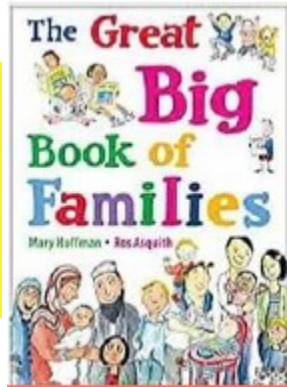
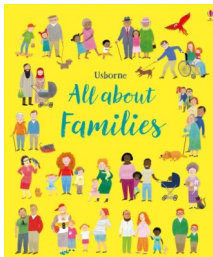
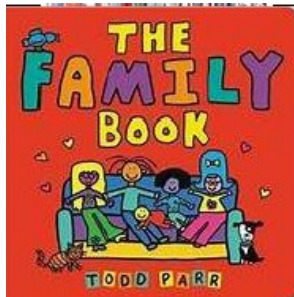
L9 - Identifying what being part of a community means.

R13 - Identifying that differences and similarities between people arise from a number of factors.

Things to discuss at home:

- Talk openly about emotions, what they look like, what makes you happy, sad, angry – how does your body feel when you experience different emotions? What can you do to help you feel calm and healthy in your mind and body?
- Create a worry monster and think of strategies to overcome worries you cannot change, what can you do for those you can change?
- What talents and abilities do you have?
- What differences do people have? How can we make sure these are respected?
- Do we always react the same in different situations? Why/not?
- What are you proud of in St. Mary's school?
- What are you proud of at home?
- How do you feel proud of your community in New Mills?
- How would you make sure your community was strong, respectful and inclusive of all beliefs, cultures, disabilities and differences?

Useful Books



Activities you could do at home:

- Plan an event you would do in your community of New Mills to make it stronger and respectful to all.
- Research different religions / cultures / disabilities and create a respect poster to show your class and family.
- Create a mood board of different emotions, draw how you feel in different moods and situations.