

Saint Mary's Catholic Voluntary Academy – PE Long term plan

Half Term	Class 1		Class 2		Class 3		Class 4	
Autumn 1	Multi-skills (Fundamentals)	Multi skills (Fundamentals)	Multi-skills (Fundamentals)	Yoga	Hockey	Gymnastics	Hockey	Swimming
Autumn 2	Multi-skills (Sending and Receiving)	Dance	Multi-skills (Sending and Receiving)	Multi skills (Sending and receiving)	Basketball	Orienteering	Basketball	Swimming
Lent 1	Dance	Yoga	Dance	Dance	Dance	Swimming	Dance	Gymnastics
Lent 2	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Swimming	Gymnastics	Dance
Pentecost 1	Summer Multi- sports	Ball Skills	Summer Multi- sports	Summer Multi- sports	Tennis	Rounders	Tennis	Cricket
Pentecost 2	Athletics	Athletics	Athletics	Athletics	Athletics	Golf	Athletics	Athletics/ Orienteering