



St. Mary's CVA PSHE & RSE

Long Term Plan



Year A – 2019/20 – 2021/22 – 2023/24

	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
PSHE Across All Class & All Year Groups	Being Healthy 14 th Sept – National Hygiene Week 25 th Sept – National Fitness Day 7 th Oct – World Smile Day (Oral Hygiene) World Mental Health Day – 10 th Oct 17 th Oct – Child Poverty Day	Bullying Matters 21 st Nov - Anti-bullying Week	Being Responsible Safer Internet Day – Feb 7 th UNICEF Day for Change – 7 th Feb 27 th Feb – 11 th March – Fairtrade Fortnight 22 nd Mar – World Day for Water	Exploring Emotions 1 st Mar – World Book Day Mental Health Awareness week – May	Relationships	Difference and Diversity Universal Church – CAFOD within Come and See 20 th -26 th June – Refugee Week 11 th July – World Population Day
Class 1 RSE (EYFS C&S)	Myself EYFS JIL Y1 JIL		Celebrate Y1 JIL			
Class 2 RSE (Y1 C&S)	Families Y1 JIL		Special People Y2 JIL			
Class 3 RSE (Y4 C&S)						Building Bridges Y3 JIL
Class 4 RSE (Y6 C&S)						Y5 & Y6 JIL (Link to PSHE)
						God's People Y4 JIL

Year B – 2020/21 – 2022/23 – 2024/25

	Advent 1		Advent 2		Lent 1		Lent 2		Pentecost 1		Pentecost 2	
PSHE	Being Me 14 th Sept – National Hygiene Week 25 th Sept – National Fitness Day 7 th Oct – World Smile Day (Oral Hygiene) World Mental Health Day – 10 th Oct 17 th Oct – Child Poverty Day		Drug Education 21 st Nov - Anti-bullying Week		Being Safe Safer Internet Day – Feb 7 th 21 st – 27 th Nov – Road Safety Week		Money Matters NSPCC Number Day Natwest Money Matters 16 th May – Walk to School Mental Health Awareness week – May (recap) 7 th Apr – World Health Day (recap)		Changes		Growing Up Universal Church – CAFOD within Come and See	
Class 1 RSE (EYFS C&S)	Myself EYFS & Y1 JIL											
Class 2 RSE (Y1 C&S)	Families Y1 JIL Y2 JIL											
Class 3 RSE (Y3 C&S)				Journeys Y3 JIL			Giving All Y4 JIL					
Class 4 RSE (Y5 C&S)								Y5 & Y6 JIL				