

**Radiating Christ**  
by  
**St. John Henry Newman**

**Dear Jesus,**

Help me to spread Your fragrance everywhere I go.

Flood my soul with Your spirit and life.

Penetrate and possess my whole being so utterly that my life  
may only be a radiance of Yours.

Shine through me and be so in me that every soul I come in  
contact with may feel Your presence in my soul.

Let them look up and see no longer me but only Jesus!

Stay with me and then I shall begin to shine as You shine, so to  
shine as to be a light to others;

the light, O Jesus, will be all from You;

none of it will be mine: it will be You shining on others through  
me. Let me thus praise You in the way You love best:  
by shining on those around me.

Let me preach You without preaching, not by words, but by my  
example, by the catching force, the sympathetic influence of  
what I do, the evident fullness of the love my heart bears for  
You.

**Amen.**