

PE curriculum Long Term Plan – Get Set 4 PE

Saint Mary's Catholic Voluntary Academy, New Mills



**St Ralph
Sherwin**
Catholic Multi Academy Trust

| | Class 1 | | Class 2 | | Class 3 | | Class 4 | |
|-------------|-----------------------------|----------------------|-----------------------|---------------|-------------------|------------------|------------------|-------------|
| | Sports Coach led | Teacher led | Sports Coach led | Teacher led | Sports Coach led | Teacher led | Sports coach led | Teacher led |
| Advent 1 | Introduction to PE – Unit 1 | Ball skills – Unit 1 | Fundamentals | Team building | Handball | OAA | Handball | Football |
| Advent 2 | Introduction to PE – Unit 2 | Dance – Unit 1 | Sending and receiving | Yoga | Fundamentals Y3/4 | Fitness | Dodgeball | Tag Rugby |
| Lent 1 | Fundamentals – Unit 1 | Gymnastics – Unit 1 | Dance | Fitness | Dance | Gymnastics | Dance | Fitness |
| Lent 2 | Fundamentals – Unit 2 | Dance – Unit 2 | Invasion | Gymnastics | Netball | Yoga | Netball | OAA |
| Pentecost 1 | Games – Unit 1 | Ball skills – Unit 1 | Striking and fielding | Target games | Cricket | Ball skills Y3/4 | Cricket | Tennis |
| Pentecost 2 | Games – Unit 2 | Ball skills – Unit 2 | Athletics | Ball skills | Athletics | Rounders | Athletics | Rounders |

Swimming

Year 6 – Advent 1 & 2

Year 4 – Pentecost 1

Year 5 – Lent 1 & 2

Year 3 – Pentecost 2