

PE curriculum Long Term Plan – Get Set 4 PE

Saint Mary’s Catholic Voluntary Academy, New Mills



**St Ralph
Sherwin**
Catholic Multi Academy Trust

	Class 1		Class 2		Class 3		Class 4	
	Sports Coach led	Teacher led	Sports Coach led	Teacher led	Sports Coach led	Teacher led	Sports coach led	Teacher led
Advent 1	Introduction to PE – Unit 1	Ball skills – Unit 1	Fundamentals	Team building	Handball	OAA	Handball	Football
Advent 2	Introduction to PE – Unit 2	Dance – Unit 1	Sending and receiving	Yoga	Fundamentals Y3/4	Fitness	Dodgeball	Tag Rugby
Lent 1	Fundamentals – Unit 1	Gymnastics – Unit 1	Dance	Fitness	Dance	Gymnastics	Dance	Fitness
Lent 2	Fundamentals – Unit 2	Dance – Unit 2	Invasion	Gymnastics	Netball	Yoga	Netball	OAA
Pentecost 1	Games – Unit 1	Ball skills – Unit 1	Striking and fielding	Target games	Cricket	Ball skills Y3/4	Cricket	Tennis
Pentecost 2	Games – Unit 2	Ball skills – Unit 2	Athletics	Ball skills	Athletics	Rounders	Athletics	Rounders

Swimming

Year 6 – Advent 1 & 2

Year 4 – Pentecost 1

Year 5 – Lent 1 & 2

Year 3 – Pentecost 2