

# St Mary's PE

## Dance, Class 2, Scheme of Work

### Introduction

As in all units, pupils develop physical, social, emotional and thinking whole child objectives.

Pupils will explore space and how their body can move to express an idea, mood, character or feeling. They will expand their knowledge of travelling actions and use them in relation to a stimulus. They will build on their understanding of dynamics and expression. They will use counts of 8 consistently to keep in time with the music and a partner. Pupils will also explore pathways, levels, shapes, directions, speeds and timing. They will be given the opportunity to work independently and with others to perform and provide feedback beginning to use key terminology.

## Key Skills

- Physical: travel
- Physical: copying and performing actions
- Physical: using dynamics, pathway, expression and speed

- Physical: balance
- Physical: coordination
- Social: respect
- Social: consideration
- Social: sharing ideas
- Social: decision making with others
- Emotional: acceptance
- Emotional: confidence
- Thinking: selecting and applying actions
- Thinking: counting
- Thinking: observing and providing feedback
- Thinking: creating

## Learning Objective

<b>LESSON</b>	THEME: Secret Garden
<b>1</b>	To remember, repeat and link actions to tell the story of my dance.

<b>LESSON</b> <b>2</b>	<b>THEME:</b> Secret Garden  To develop an understanding of dynamics and how they can show an idea.
<b>LESSON</b> <b>3</b>	<b>THEME:</b> Secret Garden  Use counts of 8 to help you stay in time with the music.
<b>LESSON</b> <b>4</b>	<b>THEME:</b> The Circus  To copy, remember and repeat actions using facial expressions to show different characters.
<b>LESSON</b> <b>5</b>	<b>THEME:</b> The Circus  To explore pathways and levels.
<b>LESSON</b> <b>6</b>	<b>THEME:</b> The Circus  To remember and rehearse our circus dance showing expression and character.

<b>LESSON</b> <b>7</b>	THEME: The Rainforest  To copy, repeat and create actions in response to a stimulus.
<b>LESSON</b> <b>8</b>	THEME: The Rainforest  To copy, create and perform actions considering dynamics.
<b>LESSON</b> <b>9</b>	THEME: The Rainforest  To create a short dance phrase with a partner showing clear changes of speed.
<b>LESSON</b> <b>10</b>	THEME: Jack Frost  To copy, repeat and create movement patterns in response to the theme.
<b>LESSON</b> <b>11</b>	THEME: Jack Frost  To create and perform using unison, mirroring and matching with a partner.

LESSON  12	THEME: Jack Frost  To remember and repeat actions and dance as a group.
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# Assessment Criteria

## YEAR 2

- I am beginning to provide feedback using key words.
- I can copy, remember, repeat and create dance phrases.
- I can describe how my body feels during exercise.
- I can show a character and idea through the actions and dynamics I choose.
- I can use counts to stay in time with the music.
- I can work with a partner using mirroring and unison in our actions.
- I show confidence to perform.

# Links to the National Curriculum

## ENGLISH

Learning vocabulary- expression, pathway,

direction, perform, dynamics

Listening and following instructions

Expressing ideas through movement

Communicating with a partner

## **MATHS**

Using counts to stay in time with music and a

partner

Use of numbers

## **SCIENCE**

Discussing animals, trees, weather and rivers of

the rainforest

Discussing how a mirror image works

# **Health and Safety**

**For dance lessons pupils should remove their shoes and socks. It is also good practice for teachers to do this. Ensure pupils work in their own safe space. Base stations can help to aid this.**