Life to the Full (Draft) UKS2 Learning Outcomes



LEARNING OUTCOMES for Upper Key Stage Two of 'Life to the Full' Use the tabs below for EYFS, KS1 and LKS2

MODULE	UNIT		Session	Learning Outcome	Can I download this document?
	Religious			We were created individually by God who cares for us and wants us to put our faith in Him.	This document is a Google Sheet and cannot be downloaded. This is because it will change from time to time
	Understanding	UKS2.1.1.1	Calming the Storm	Physically becoming an adult is a natural phase of life.	as resources are changed, added or amended.
				Lots of changes will happen during puberty and sometimes it might feel confusing, but it is all part of God's great pla	· ·
	Me, My Body, My Health	UK\$2.1.2.1	Gifts & Talents	Similarities and differences between people arise as they grow and mature, and that by living and working together (If you require a local file, please copy the content and paste it into your Excel document. However, please be
				Self-confidence arises from being loved by God (not status, etc). That human beings are different to other animals;	aware that the content may be updated in the future.
		UK\$2.1.2.2	Girls' Bodies	About the unique growth and development of humans, and the changes that girls will experience during puberty;	Please do not request edit access.
				About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately;	
				The need for modesty and appropriate boundaries.	
				That human beings are different in kind to other animals;	
		UKS2.1.2.3	Boys' Bodies	About the unique growth and development of humans, and the changes that boys will experience during puberty;	
				About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately;	
				The need for modesty and appropriate boundaries.	
		UKS2.1.2.4	Spots & Sleep	How to make good choices that have an impact on their health: rest and sleep, exercise, personal hygiene, avoiding	the overuse of electronic entertainment, etc.
Created and Loved By		UKS2.1.3.1	Body Image	To recognise that images in the media do not always reflect reality and can affect how people feel about themselves	
God	Emotional Well Being	01102.1.0.1	Body image	That thankfulness builds resilience against feelings of envy, inadequacy, etc. and against pressure from peers or me	
		UKS2.1.3.2	Peculiar Feelings	To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action	n.
				That some behaviour is wrong, unacceptable, unhealthy or risky.	
		UK\$2.1.3.3	Emotional Changes	Emotions change as they grow up (including hormonal effects);	
				To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action	
				About emotional well-being: that beauty, art, etc. can lift the spirit; and that also openness with trusted parents/carers	s/teachers when worried ensures healthy well-being.
		UKS2.1.3.4	Seeing Stuff Online	The difference between harmful and harmless videos and images;	
				The impact that harmful videos and images can have on young minds; Ways to combat and deal with viewing harmful videos and images	
		UKS2.1.4.1	Making Babies (P1)	How a baby grows and develops in its mother's womb.	
	Life Cycles	ORO2.1.4.1	Waking Dables (FT)	Basic scientific facts about sexual intercourse between a man and woman;	
		UK\$2.1.4.2	Making Babies (Pt2)	The physical, emotional, moral and spiritual implications of sexual intercourse;	
				The Christian viewpoint that sexual intercourse should be saved for marriage.	
				*Optional. See your Programme Coordinator	
		UKS2.1.4.3	Menstruation	About the nature and role of menstruation in the fertility cycle, and that fertility is involved in the start of life;	
		UN32.1.4.3	ivienstruation	Some practical help on how to manage the onset of menstruation.	
	Religious	UKS2.2.1.1	Is God Calling You?	To know that God calls us to love others.	
	Religious Understanding	UK\$2.2.1.1	Is God Calling You?	To know ways in which we can participate in God's call to us.	
	Religious Understanding	UKS2.2.1.1 UKS2.2.2.1	Is God Calling You? Under Pressure	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are;	
	Understanding	UK\$2.2.2.1	Under Pressure	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure.	
	Religious Understanding Personal Relationships			To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure. Understand what consent and bodily autonomy means;	
	Understanding Personal	UK\$2.2.2.1 UK\$2.2.2.2	Under Pressure Do You Want a Piece of Cake?	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure. Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'.	one:
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	Understanding Personal	UKS2.2.2.1 UKS2.2.2.2 UKS2.2.2.3	Under Pressure Do You Want a Piece of Cake? Self-Talk	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure. Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'. Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actic Apply this approach to personal friendships and relationships	ons;
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Created to Love	Understanding Personal	UKS2.2.2.1 UKS2.2.2.2 UKS2.2.2.3	Under Pressure Do You Want a Piece of Cake? Self-Talk	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure. Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'. Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actic Apply this approach to personal friendships and relationships To recognise that their increasing independence brings increased responsibility to keep themselves and others safe. How to use technology safely. That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad How to report and get help if they encounter inappropriate materials or messages.	
Created to Love Others	Understanding Personal	UKS2.2.2.1 UKS2.2.2.2 UKS2.2.2.3 UKS2.2.3.1	Under Pressure Do You Want a Piece of Cake? Self-Talk Sharing Isn't Always Caring	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure. Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'. Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actic Apply this approach to personal friendships and relationships To recognise that their increasing independence brings increased responsibility to keep themselves and others safe. How to use technology safely. That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad How to report and get help if they encounter inappropriate materials or messages. What the term cyberbullying means and examples of it;	
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	Understanding Personal Relationships	UKS2.2.2.1 UKS2.2.2.2 UKS2.2.2.3 UKS2.2.3.1	Under Pressure Do You Want a Piece of Cake? Self-Talk Sharing Isn't Always Caring Cyberbullying	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure. Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'. Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actic Apply this approach to personal friendships and relationships To recognise that their increasing independence brings increased responsibility to keep themselves and others safe. How to use technology safely. That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad How to report and get help if they encounter inappropriate materials or messages. What the term cyberbullying neans and examples of it; What cyberbullying feels like for the victim; How to get help if they experience cyberbullying. To judge well what kind of physical contact is acceptable or unacceptable and how to respond. That there are different people we can trust for help, especially those closest to us who care for us, including parents	for us and others.
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Others	Personal Relationships Keeping Safe	UKS2.2.2.1 UKS2.2.2.2 UKS2.2.2.3 UKS2.2.3.1 UKS2.2.3.2 UKS2.2.3.4 UKS2.2.3.4 UKS2.2.3.6	Under Pressure Do You Want a Piece of Cake? Self-Talk Sharing Isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure. Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'. Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actic Apply this approach to personal friendships and relationships To recognise that their increasing independence brings increased responsibility to keep themselves and others safe. How to use technology safely. That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad How to report and get help if they encounter inappropriate materials or messages. What the term cyberbullying means and examples of it; What cyberbullying feels like for the victim; How to get help if they experience cyberbullying. To judge well what kind of physical contact is acceptable or unacceptable and how to respond. That there are different people we can trust for help, especially those closest to us who care for us, including parents Understand the effect that a range of substances including drugs, tobacco and alcohol can have on the body. Learn how to make good choices about substances that will have a positive impact on their health. Know that our bodies are created by God, so we should take care of them and be careful about what we consume. Recognise how they may come under pressure when it comes to drugs, alcohol and tobacco Learn that they are entitled to say 'no' for all sorts of reasons, but not least in order to protect their God-given bodies The recovery position can be used when a person is unconscious but breathing. DR ABC is a primary survey to find out how to treat life-threatening conditions in order of importance. Children will know that the Church is the Body of Christ -	for us and others. teachers and priests.
Others Created to Live in	Personal Relationships	UKS2.2.2.1 UKS2.2.2.2 UKS2.2.2.3 UKS2.2.3.1 UKS2.2.3.2 UKS2.2.3.4 UKS2.2.3.4 UKS2.2.3.6	Under Pressure Do You Want a Piece of Cake? Self-Talk Sharing Isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure. Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'. Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actic Apply this approach to personal friendships and relationships To recognise that their increasing independence brings increased responsibility to keep themselves and others safe. How to use technology safely. That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad How to report and get help if they encounter inappropriate materials or messages. What toyberbullying relas like for the victim; How to get help if they experience cyberbullying. To judge well what kind of physical contact is acceptable or unacceptable and how to respond. That there are different people we can trust for help, especially those closest to us who care for us, including parents Understand the effect that a range of substances including drugs, tobacco and alcohol can have on the body. Learn how to make good choices about substances that will have a positive impact on their health. Know that our bodies are created by God, so we should take care of them and be careful about what we consume. Recognise how they may come under pressure when it comes to drugs, alcohol and tobacco Learn that they are entitled to say 'no' for all sorts of reasons, but not least in order to protect their God-given bodies The recovery position can be used when a person is unconscious but breathing. DR ABC is a primary survey to find out how to treat life-threatening conditions in order of importance. Children will know that God is Trinity - a community of persons Children will know that God is Trinity - a community of persons	for us and others. teachers and priests.
Others	Personal Relationships Keeping Safe	UKS2.2.2.1 UKS2.2.2.2 UKS2.2.2.3 UKS2.2.3.1 UKS2.2.3.3 UKS2.2.3.4 UKS2.2.3.4 UKS2.2.3.6 UKS2.2.3.6	Under Pressure Do You Want a Piece of Cake? Self-Talk Sharing Isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance The Trinity	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure. Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'. Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actic Apply this approach to personal friendships and relationships To recognise that their increasing independence brings increased responsibility to keep themselves and others safe. How to use technology safely. That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad How to report and get help if they encounter inappropriate materials or messages. What to yeberbullying feels like for the victim; How to get help if they experience cyberbullying. To judge well what kind of physical contact is acceptable or unacceptable and how to respond. That there are different people we can trust for help, especially those closest to us who care for us, including parents understand the effect that a range of substances that will have a positive impact on their health. Know that our bodies are created by God, so we should take care of them and be careful about what we consume. Recognise how they may come under pressure when it comes to drugs, alcohol and tobacco Learn that they are entitled to say 'no' for all sorts of reasons, but not least in mighact on their health. Know that our bodies are created by God, so we should take care of them and be careful about what we consume. Recognise how they may come under pressure when it comes to drugs, alcohol and tobacco Learn that they are entitled to say 'no' for all sorts of reasons, but not least in order to protect their God-given bodies. The recovery position can be used when a person is unconscious but breathing. DR ABC is a primary survey to find out how to treat life-threatening	for us and others. teachers and priests.
Others Created to Live in	Personal Relationships Keeping Safe Religious Understanding	UKS2.2.2.1 UKS2.2.2.2 UKS2.2.2.3 UKS2.2.3.1 UKS2.2.3.3 UKS2.2.3.4 UKS2.2.3.4 UKS2.2.3.4 UKS2.2.3.1 UKS2.2.3.1	Under Pressure Do You Want a Piece of Cake? Self-Talk Sharing Isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance The Trinity Catholic Social Teaching	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure. Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'. Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actic Apply this approach to personal friendships and relationships To recognise that their increasing independence brings increased responsibility to keep themselves and others safe. How to use technology safely. That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad How to report and get help if they encounter inappropriate materials or messages. What the term cyberbullying means and examples of it; What cyberbullying feels like for the victim; How to get help if they experience cyberbullying. To judge well what kind of physical contact is acceptable or unacceptable and how to respond. That there are different people we can trust for help, especially those closest to us who care for us, including parents Understand the effect that a range of substances including drugs, tobacco and alcohol can have on the body. Learn how to make good choices about substances that will have a positive impact on their health. Know that our bodies are created by God, so we should take care of them and be careful about what we consume. Recognise how they may come under pressure when it comes to drugs, alcohol and tobacco Learn that they are entitled to say 'no' for all sorts of reasons, but not least in order to protect their God-given bodies The recovery position can be used when a person is unconscious but breathing. DR ABC is a primary survey to find out how to treat life-threatening conditions in order of importance. Children will know that 60 dis Trinity - a community of persons Children will know that the Church is the Bod	for us and others. teachers and priests.
Others Created to Live in	Personal Relationships Keeping Safe	UKS2.2.2.1 UKS2.2.2.2 UKS2.2.2.3 UKS2.2.3.1 UKS2.2.3.3 UKS2.2.3.4 UKS2.2.3.4 UKS2.2.3.6 UKS2.2.3.6	Under Pressure Do You Want a Piece of Cake? Self-Talk Sharing Isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance The Trinity	To know ways in which we can participate in God's call to us. Pressure comes in different forms, and what those different forms are; There are strategies that they can adopt to resist pressure. Understand what consent and bodily autonomy means; Discuss and reflect on different scenarios in which it is right to say 'no'. Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actic Apply this approach to personal friendships and relationships To recognise that their increasing independence brings increased responsibility to keep themselves and others safe. How to use technology safely. That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad How to report and get help if they encounter inappropriate materials or messages. What to yeberbullying feels like for the victim; How to get help if they experience cyberbullying. To judge well what kind of physical contact is acceptable or unacceptable and how to respond. That there are different people we can trust for help, especially those closest to us who care for us, including parents understand the effect that a range of substances that will have a positive impact on their health. Know that our bodies are created by God, so we should take care of them and be careful about what we consume. Recognise how they may come under pressure when it comes to drugs, alcohol and tobacco Learn that they are entitled to say 'no' for all sorts of reasons, but not least in mighact on their health. Know that our bodies are created by God, so we should take care of them and be careful about what we consume. Recognise how they may come under pressure when it comes to drugs, alcohol and tobacco Learn that they are entitled to say 'no' for all sorts of reasons, but not least in order to protect their God-given bodies. The recovery position can be used when a person is unconscious but breathing. DR ABC is a primary survey to find out how to treat life-threatening	for us and others. , teachers and priests.