



Prayer for the day
Wisdom is a blessing-
walk in it;
Joy is a gift-
be generous with it;
Prayer is a privilege-
act on it;
Love is a miracle-
be God's messenger.'

2ND MAY 2025



FRIDAY NEWSLETTER

SAINT MARY'S CATHOLIC VOLUNTARY ACADEMY

A wonderful warm and sunny welcome to this week's newsletter.

Monday SATs revision – Thank you so much to all the parents/carers who attended Mr Pearson's SATs revision class on Monday. It was delightful to see how engaged and possibly challenged that you all were throughout the sessions. The children really enjoyed showing you their learning and understanding of SATs questions.

Walk Through Wednesday – The pupils had a wonderful morning session with parents and carers showing them all their learning in their religious education books. It was lovely to observe how many adults visited school. Thank you so much for all your support.

Well done to all of those children who attended the tennis session on Wednesday.

Star of the Week – This week's focus was on sun safety. Saint Mary's are taking part in the Sun Safe Schools national accreditation programme, the content of which forms part of our duty of care to ensure the health and wellbeing of your child(ren) during school hours. While we know that some sun is good for us, we also have to be mindful of the dangers of overexposure. During the sunny weather, all children should have a hat with them, ideally a hat with a neck protector. We do have a small number of these for sale via the office for £10 each. All children should have a high factor sun cream applied before school, please don't send sun cream into school as we're not able to apply it. Whilst we can't apply sunscreen to children during the day, parents/carers are welcome to come into school at lunchtime to reapply sunscreen if your child is very susceptible to sunburn. When it is very hot, we'll keep children in the shade as much as we can. All children will be encouraged to drink more during hot weather.

Thank you to the PTA who gave out the leavers hoodies in assembly today. The children love them!

Next week we look forward to our VE day celebrations with class 3 at Watford House and our water safety talk on Friday. There will be no Star of the Week on this day.

Have a lovely weekend,
Mrs Chapman.

The Diocesan guide to the Jubilee and more information about the Jubilee can be found here - <https://www.stmarysnewmills.srscmat.co.uk/catholic-life/r-e/>



Copies of both the school newsletters and the Parish newsletters can be found here - <https://www.stmarysnewmills.srscmat.co.uk/newsletters/>
Our Catholic life and mission newsletter can be found here <https://www.stmarysnewmills.srscmat.co.uk/catholic-life/catholic-social-teaching/>
Our Trust newsletter can be found here <https://bit.ly/3U8s1dI>

THIS WEEK'S CELEBRATION OF THE WORD



Mary's Missionaries

The theme this week was Mercy, and the virtue link was charity. The Catholic Social Teaching link was human dignity. The mission was to be charitable to others and show mercy.

2nd Week of Eastertide

Year B

Word of the Week

Mercy

Sunday

First Reading:
Acts 4:32-35

Gospel Reading:
John 20:19-31

Theme

Mercy is God's love and forgiveness in action. We see this gift in a powerful way during Eastertide as we remember what Jesus did for us out of love. This Sunday is Divine Mercy Sunday and it is a reminder that we must be merciful to others, just as God is merciful with us.

Suggestions

Hebrew Bible:
Lamentations 3: 22-24

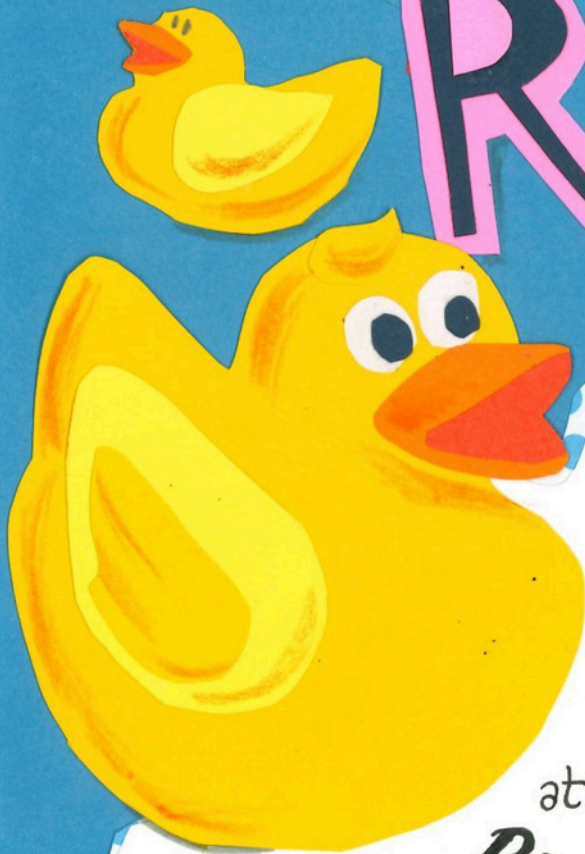
New Testament:
1 John 4: 7-21

Mission

Try and be merciful with everyone you meet this week, just as God is merciful with us.

NEW MILLS

DUCK RACE



SUNDAY
18TH MAY
12^{PM}
at Torrs
Riverside Park

For more information
about the event and
ticket sale please
scan the code





CHILDREN'S LITURGY DATES 2025

MAY 4TH

MAY 18TH

JUNE 8TH

JUNE 15TH

JUNE 22ND

JUNE 29TH

JULY 6TH

JULY 13TH

JULY 20TH

Our PE kit is: a plain white t-shirt and black shorts, black jogging bottoms and a royal blue hoodie or sweatshirt. Trainers should be designed for sport, well fitting and in good condition.



No earrings should be worn on PE days. If you cannot remove your child's earrings, please tape them up before school. This helps to prevent injuries.



Children should not be wearing Ugg style boots, Converse style trainers or leggings on non PE days.

All children with long hair should have their hair tied back every day.



OUR PE DAYS ARE:

CLASS ONE - MONDAY AND FRIDAY
CLASS TWO- MONDAY AND FRIDAY
CLASS THREE- TUESDAY AND THURSDAY
CLASS FOUR- MONDAY AND TUESDAY



ACTIVE WEAR SHOES TO BE WORN EVERY DAY



PE KIT TO BE WORN ON PE DAYS



WATER BOTTLE NEEDED EVERY DAY



COAT SUITABLE FOR THE CONDITIONS ON THE DAY NEEDED EVERY DAY

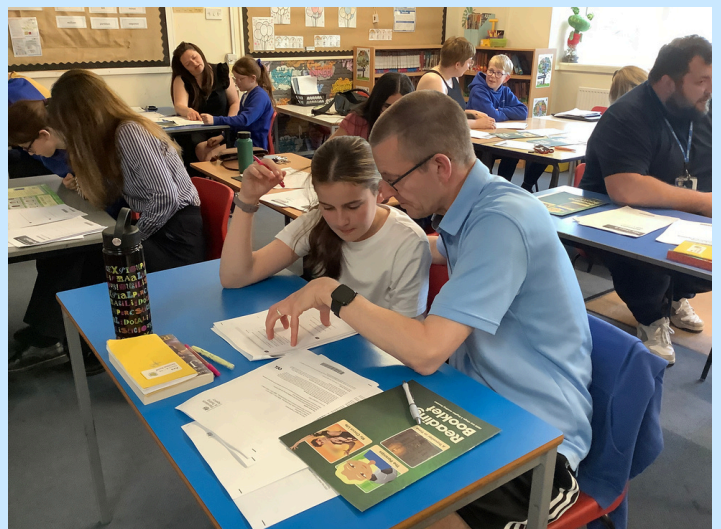
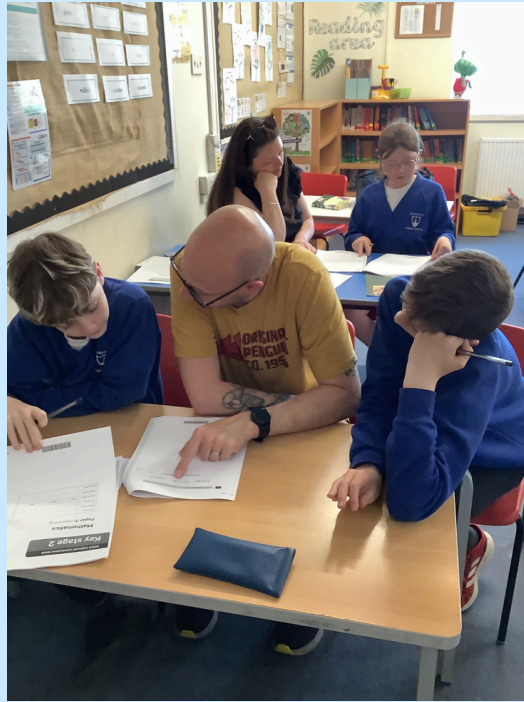


On non PE days, girls should wear their school sweatshirt or cardigan, a white shirt or polo shirt, a grey pinafore, skirt or trousers or a blue gingham summer dress in summer. Boys should wear a school sweatshirt, grey trousers, a white shirt or polo shirt, grey or black socks and grey school shorts in summer.

All items of clothing should be labelled with your child's name.
Active wear shoes should be worn every day.



PARENTS AND CARERS – SATS PAPER



BOOK LOOK



BOOK LOOK



TENNIS EVENT



PHONICS WITH YEAR 1





EVERYONE IS INVITED! STAR OF THE WEEK ASSEMBLY

EVERY FRIDAY WE HAVE A STAR
OF THE WEEK ASSEMBLY
STARTING AT 2.30PM. EVERYONE
IS WELCOME TO ATTEND!

Please check ClassDojo for any changes to
the assemblies.

School attendance

The importance of school attendance

We want our children at Saint Mary's to enjoy coming to school and to love their learning. Our attendance target for the whole school is 95% or above.

Research shows that there is a high correlation between school attendance, academic performance and success. Absence from school is often the biggest single cause of poor performance and achievement.



Why is it so important to attend every day?

- Learning is a progressive activity; each day's lessons build upon those of the previous day(s). Each missed lesson is a missed learning opportunity.
- Reading the material and completing work independently does not compensate for direct interaction with a teacher.
- Teachers often use whole class discussions, demonstrations, debate, experiments and small group work as part of their daily learning activities, and these cannot be caught up by those who are absent.
- Parents and carers have a legal duty to ensure that their child receives an education.

Are there other benefits to my child?

- Pupils with good attendance records generally achieve higher grades and enjoy school more.
- Having a good education will help to give your child the best possible start in life.
- Regular school attendance patterns encourage the development of other responsible patterns of behaviour including independence skills and life skills.

What are the risks of frequent absences?

- A child who does not attend school regularly will be unlikely to keep up with the work.
- The more a child misses school, the lower their grades; the lower their grades, the less they want to stay be school. The only way to break this cycle is regular, high levels of attendance.

What can parents do to help?

- Parents and carers must model how they value education, including the importance of regular attendance, good punctuality, being respectful to teachers etc.
- If your child starts missing school, work with us to put things right. We are here to support you.
- If your child is ill or must miss school for some other reason, contact school immediately.
- Take an interest in your child's schoolwork and be involved in the school as much as possible – your child will value school more if you do. Come to assemblies, join the PTA, attend parent consultation appointments etc.
- Read with your child/children every night. Reading helps to build a strong and rich vocabulary. It increases empathy, showing children new perspectives and new worlds. Even five minutes per night is hugely beneficial.
- If you are not sure if your child should attend school due to illness, contact the school office who will advise you.

Check your child's attendance percentage on the Arbor app and compare it to this grid!

If you don't have access to Arbor, please let the school office know.



If you need help to increase your child's attendance, speak to your class teacher or the school office.

DATES TO NOTE

Upcoming dates can also be seen on ClassDojo and on our website. Please note that dates and times may change due to circumstances beyond our control.

Monday 5th May	Bank holiday
Monday 12th to Friday 16th May	SATs week
Thursday 22nd May	Science collapsed curriculum day
Thursday 22nd May	Year 6 parent/carer meeting for the Lea Green residential trip 3.20pm–4.00pm
Friday 23rd May	May Queen procession
Monday 26th May to Friday 30th May	Half term holiday
Saturday 7th June	New Mills carnival
Thursday 12th June	Class 3 assembly followed by class 3's open reading session. Parents and carers of class 3 pupils are invited into school to spend some time reading with the children.
Thursday 19th June	Class 1 assembly followed by class 1's open reading session. Parents and carers of class 1 pupils are invited into school to spend some time reading with the children.
Monday 23rd June to Wednesday 25th June	Year 6 residential visit to Lea Green

ABSENCES DURING TERM TIME

The Department for Education (DfE) have introduced some new guidance for schools and Local Authorities (LAs) for managing school attendance. They have also introduced a new national framework for penalty notice and amended the law. These changes come into effect from the 19 August 2024 and all schools and LAs across the country will be expected to follow the new statutory guidance.

Support first

The importance of regular attendance at school cannot be stressed enough. All schools and LAs are expected to promote school attendance and provide support to remove barriers where a pupil is struggling to attend school. This may mean that the school raises the issue of attendance even if your child has only had a couple of days off ill. This is not because they don't believe you. By working with you, schools can step in early to help to prevent patterns of absence developing. Schools may identify other underlying issues that are making your child reluctant to attend school and be able to help you and your child.

For this to be successful parents need to work with the school. Where it can be demonstrated that a parent/carer is not fulfilling their parental responsibility to ensure that their child receives a suitable full-time education then the school can consider requesting that the LA take further action. This can be in the form of a penalty notice, prosecution, or the school may suggest other formal interventions.

National Framework for penalty notices

To provide consistency, the Government have introduced a new national framework for when schools and LAs believe that they have exhausted all offers of support and the parent/carer is not engaging with the attempt to improve their child's attendance at school.

The threshold for when a school should consider next steps is 10 sessions (5 school days) of unauthorised absence in a rolling period of 10 school weeks. A school week means any week in which there is at least one school session. This can be made up of any form of unauthorised absence including late after close (attendance code U) of register and odd days of unauthorised absence (attendance code O) which add up to 5 days within a 10-week period. At this point the school will consider if it is likely that the attendance will improve with further support. They may then decide to refer the case to the LA for formal monitoring. This may proceed to legal action if the attendance does not improve.

Education Penalty Notices are issued to parents of statutory school age children. They can be issued to each parent or carer who is deemed liable for the child's absence from school. The new costs and process is outlined below:

First Offence – The first time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be: £160 per parent, per child paid within 28 days. Reduced to £80 per parent, per child if paid within 21 days.

Second Offence (within 3 years) – The second time a Penalty Notice is issued for Term Time Leave or Irregular Attendance the amount will be: £160 per parent, per child paid within 28 days.

Third Offence and Any Further Offences (within 3 years) – The third time an offence is committed for Term Time Leave or Irregular Attendance a Penalty Notice will not be issued, and the case will be presented straight to the Magistrates' Court.

Term time holidays

Pupils should not be taken out of school during term time unless it is unavoidable. Schools are required to consider requests for leave of absence in term time and should only approve the leave if there are exceptional circumstances. If a request for leave is denied and the pupil is absent for 5 days or more then the school is expected to refer the case to the LA. The LA will issue a penalty notice with no requirement for a formal warning to be issued. Penalty notices can also be issued where a pupil is absent for repeated incidents of unauthorised leave in term time that fall below the 5-day threshold. In every case, the request for the Penalty Notice comes in from the school to the LA for the process to be completed.

New registration codes

You might find that your child's attendance report looks slightly different next year. The DfE have amended some of the codes to include numbers as well as letters. These new codes are to enable schools, LA and the DfE to better understand the reasons for absence. For example:

Code C: Leave of absence for exceptional circumstance.

Code C1: Leave of absence for the purpose of participating in a regulated performance. The important thing for you as a parent is still the C which means that the absence was authorised. There is also a new code which has been introduced for pupils who are on the school roll but are temporarily being provided with an alternative education by the local authority, such as a home tutor.

Code K: Attending education provision arranged by the local authority.

Full details of all of the changes can be found by visiting the Government webpage: <https://www.gov.uk/government/publications/working-together-to-improve-school-attendance>

What Parents & Educators Need to Know about ZEPETO

AGE RESTRICTION
14+

WHAT ARE THE RISKS?

NO PARENTAL CONTROLS

Although ZEPETO is intended for users aged 14 and up, it lacks built-in parental controls or age verification, instead relying on safety features on the device it's played on. This lack of a parental controls feature raises concerns about whom children may be interacting with on the platform.

INAPPROPRIATE CONTENT

As a mix between a virtual world and a social media platform, ZEPETO features a wide range of user-generated content. Some areas may reference mature themes, such as TV series aimed at adults, or include inappropriate material created by other users – all of which children may stumble across without warning.

STRANGER DANGER

By default, users can message and interact with anyone else. This open communication creates an environment where predatory individuals can pose as peers to gain trust, potentially leading to grooming, scams, and exploitation, such as blackmail.

Hi there...

CYBERBULLYING RISKS

As with many social platforms, children can be targeted for bullying, harassment or exclusion by both strangers and their peers. Unfiltered chat and avatar-based interaction can allow bullying and other forms of harassment to continue, impacting children's wellbeing and mental health.

ADDICTIVE GAMEPLAY

Daily log-in rewards, such as coins, and in-game incentives can encourage compulsive behaviour, with some users feeling pressure to check in constantly to avoid missing out. This can lead to excessive screen time and conflict with schoolwork or offline hobbies or commitments.

SPENDING REAL MONEY

While the game is free to play, ZEPETO includes a store offering virtual clothing and accessories for avatars. These items are bought with 'ZEMs' – a paid currency – and the appeal of exclusive items or branded collaborations can make it easy for children to overspend.

Advice for Parents & Educators

ENABLE PRIVACY SETTINGS

Visit the child's profile settings to restrict who can send messages – options include Everyone, Followers Only, or No-one. Encourage children to avoid sharing any personal information on their profile, as this is visible even on private accounts.



LIMIT IN-APP TIME

Use parental controls on Android (Google Family Link) or iOS (Screen Time) to restrict app usage by setting hours or daily limits. Encouraging breaks can help children develop healthier habits and reduce app dependency.



CONTROL SPENDING

To prevent accidental purchases, set up purchase approval systems such as Apple's Ask to Buy or Google's Purchase Approvals. Alternatively, consider removing payment methods or using pre-paid cards with set budgets.

HAVE REGULAR CONVERSATIONS

Talk openly with children about whom they interact with online and the kinds of things they see or experience. Encourage them to speak up if someone makes them uncomfortable or if they come across inappropriate content. Teach them how to recognise red-flag behaviours such as asking for secrets, giving gifts, or requesting personal information.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, The Telegraph, The Evening Standard, The Guardian and The New Statesman.



#WakeUpWednesday

The National College

**IN AN EMERGENCY, WHEN THE SCHOOL ANSWERPHONE IS SWITCHED ON,
RING 07355 221723 TO SPEAK TO WRAPAROUND STAFF.**



Saint Mary's
Catholic
Voluntary
Academy, New
Mills.

Wrap Around Club

Our wraparound club includes lots of enrichment activities including gardening, sports, free play and homework support.



Arts and crafts



Lego and games



Sports and Fitness



Breakfast club runs Monday to Friday from 7.30am and includes cereal, toast and a drink. £4.00 per day

After school club runs Monday to Thursday (not Fridays) to 5.30pm and includes snacks, such as wraps, cheese and crackers, yogurts and a drink. £8.00 per day

**BOOK VIA
PARENTPAY FOR
THE SESSIONS
YOU NEED**



Call Us
01663 742412
Or e-mail
info@nmm.srscmat.co.uk



Use your tax-free childcare vouchers
**Speak to the school office
for more information!**

SCHOOL NOTICES

Star of the week this week was awarded to those who know how to stay safe in the sun.

If you don't currently have access to ClassDojo, ParentPay or Arbor but you would like to, please speak to the school office.



You can check your child's attendance percentage on Arbor! This is updated daily. Please let the school office know if you need any help with this.

No photography or videos are allowed on personal devices in school. This includes during sports days, assemblies, performances and school trips. This is to keep our most vulnerable children safe.

Our statement of belief this week was – I try to accept forgiveness from others.

Our dinner table discussion this week was 'is a bird singing or talking?'

If you need to drive to school, please drive and park considerately, avoiding the zigzags. We regularly get complaints from neighbours about poor parking, especially parking across the lane towards the top of Longlands Road. The police have confirmed that this lane is classed as a road, so blocking it is illegal. The people that live there are unable to leave if cars are blocking the lane, which means people are being made late for work, not able to get their own children to school, being late for appointments etc. This isn't fair. Please don't block this lane and please park using consideration.

Parking is available at the church and higher up Longlands road where the youth club is. If you can walk to school, or park a little further away, please do so. Thank you for reading this.

High attendance is vitally important to every child, educationally, socially, and legally. This is a good opportunity to remind everyone holidays should not be booked during term time. Headteachers are not permitted to authorise absences unless there are exceptional circumstances. This does not include reduced holiday costs. If a child is not in school and the absence is not authorised, we are under a duty to report this to the Local Authority who may issue you with a penalty notice.

SCHOOL ATTENDANCE WAS 97.8% THIS WEEK!

NEWS FROM THE PTA

SAINT MARYS CATHOLIC VOLUNTARY
ACADEMY PTA

SUMMER FAIR PLANNING MEETING

Everyone welcome! Join us for
planning for the summer fair 2025!

8pm

Thursday 8th May 2025

Hare and Hounds

Low Leighton Road



RAISING FUNDS FOR CLASSROOM RESOURCES

SAINT MARYS CATHOLIC VOLUNTARY
ACADEMY PTA PRESENTS

SUMMER FAIR

SAVE THE DATE

Friday 4th July

2025

3.30pm to 5.30pm



RAISING FUNDS FOR CLASSROOM RESOURCES

NEW MILLS CARNIVAL - 7TH OF JUNE

ST MARY'S CVA CARNIVAL ENTRY

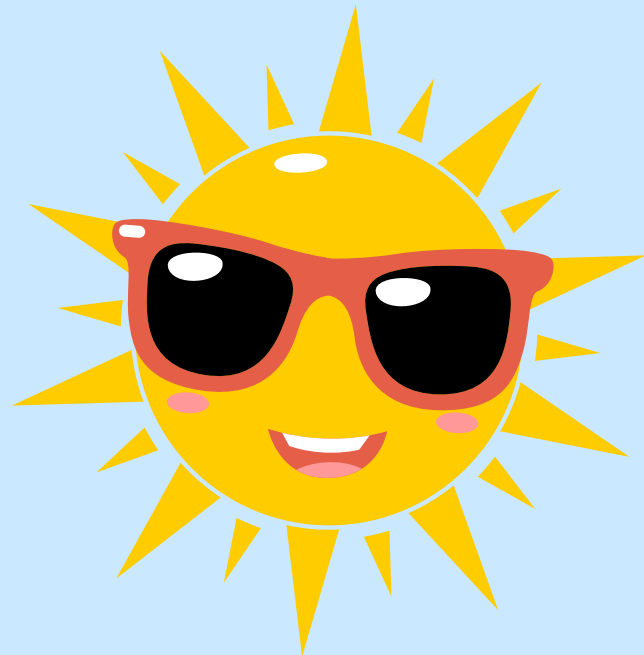
Endangered Animals

Join us on the 7th of June at this year's "Animal Kingdom" Carnival to
represent our school in the parade by dressing up as an endangered animal!

SUGGESTIONS FOR COSTUMES INCLUDE

- TIGER
- ELEPHANT
- GORILLA
- MONARCH BUTTERFLY
- SEALION
- RED PANDA
- SEA TURTLE
- RHINO

If your child/children would like to take part, please e-mail Mrs Oxley to
confirm on joxley@nmm.srscmat.co.uk We would also be grateful for
parent/carer volunteers to walk with us during the parade. If you can help on
the day, please do add this to your e-mail.



COMMUNITY NEWS

JOIN BIRCH VALE & THORNSETT UNDER 11's CRICKET CLUB!

🏏 Fun, Friends & Cricket – Sign Up Today! 🏏

Is your child ready to play cricket, make new friends, and have fun? Birch Vale & Thornsett Cricket Club is looking for young players (Under 11s) to join our exciting youth team! No experience necessary—just enthusiasm and a love for the game!

★ TRAINING DETAILS

📍 Location: Birch Vale & Thornsett Cricket Club (on the pitch & in the nets)

📅 Training Starts: Mid-April

🎯 Open to all children Under 11

🏏 Sessions run by On Target In Sport (OTIS) – www.ontargetinsport.co.uk

★ Led by a professional Australian cricket player!

★ EXCITING OPPORTUNITY

We're working with the ECB All Stars Cricket Programme, giving kids the perfect introduction to cricket in a fun and safe environment! Find out more:

www.ecb.co.uk/play/all-stars

✉ GET INVOLVED!

To register your child or learn more, contact Josh:

✉ josh.bannister@norwood.co.uk

Come and be part of the future of cricket! ⚡



Takiwatanga means "In their own time and space" in Maori

TAKIWATANGA

Tuck shop, Lego, Arts and Crafts, Football, Basketball, Bouncy castle, Table Tennis, Pool, Air Hockey, large outdoor space and more



Fully inclusive social club
Be yourself in a safe and welcoming space



A quieter space for children and young people with Neurodiversity's to have fun and socialise

WEDNESDAYS

4:30PM | 6PM

AT NEW MILLS YOUTH CENTRE

PARENT PEER SUPPORT GROUP
IN THE CAFE AREA



FOR MORE INFORMATION CONTACT YOUTH MATTERS
ON 07539001555





Derby & Derbyshire
Safer Communities

SPOT THE **RED-FLAGS** FOR RADICALISATION...

DON'T IGNORE EXTREMISM. IF SOMEONE IS:

-  Sharing extremist views
-  Making extremist comments
-  Supporting extremist groups

IT'S TIME TO ACT.

PREVENT provides confidential help, support and guidance to people at risk of being radicalised.

ACT Early | Prevent radicalisation:

Contact Derbyshire

Prevent: prevent@derbyshire.gov.uk





**DONATIONS
WELCOME**

SATURDAY 14TH JUNE 2025

**MYACTIVE NEW MILLS
HYDE BANK RD, NEW MILLS**

**JOIN US FOR OUR 2025
SEND
RESOURCES
FUNDRAISER**

11.00AM-2.00PM

**WORKING IN PARTNERSHIP
WITH ST MARYS SCHOOL,
NEW MILLS**

**FUN FOR THE WHOLE FAMILY
KIDS CLASSES • FACE PAINTING •
THROW A SPONGE AT A STAFF
MEMBER • BOUNCY CASTLE • PT A PT**



**MyActive
New Mills**



OUR MISSION STATEMENT

S – Service and Stewardship

- We care for each other – ‘Love one another as I have loved you’
- We understand our obligation and responsibility to other in our local, national and world wide communities.
- We are learning to become global citizens, courageously following in Jesus’ footsteps.
- We are working together to Building God’s Kingdom on Earth.
- We are helping to look after the most vulnerable in our communities.

T – Togetherness

- We work together for the greater good.
- We work together cooperatively as a team.
- We are disciples of Christ and we show this through our actions.
- We are stronger together.



M – Mission

- We ensure all of our pupils receive the best learning opportunities through the provision of a broad and diverse curriculum.
- We bring Christ to all of our children, ensuring that he is front and centre in everything we do – ‘Rip of the Roof’.
- We are the living Gospel.
- We strive to be the best we can be and achieve our God given potential.



A – Awe and Wonder

- We are inspiring our pupils to be future leaders.
- We recognise the awe and wonder in God’s creation.
- We recognising our uniqueness in the eyes of God.
- We are being inspired to learn more, know more and understand more.

R – Reconciliation and Forgiveness

- We know how to say sorry and recognise when we have done something wrong.
- We know how to ask God and others for forgiveness.
- We know how to forgive others as God forgives us.
- We know that we can learn from our mistakes and this enables us to become closer to God.

Y – Yes!

- We are Saying ‘yes’ to God by following in His footsteps and accepting Him into our hearts.
- We are Saying ‘yes’ to opportunities that present themselves to us.
- We are saying ‘yes’ to new challenges and persevering when they prove difficult.
- We are saying ‘yes’ to helping those in need.
- We are saying ‘yes’ to achieving our best through the provision of our broad and diverse curriculum.
- We are saying ‘yes’ to celebrating our differences.

YES

S – Spirituality

- We recognise our faith in God and that we are all part of something greater.
- We know that through prayer we discover who we are and why we are here.
- We grow through our Gospel Values, of acceptance, hope, faith, courage, honesty, love, charity, solidarity and truth.
- We all know that “I am Important and Precious because God loves me”.



SCHOOL HEALTH AND SEN

There is lots of information available about children and young people's health, including the school nursing team, vaccinations and the national child measurement programme here – www.derbyshire.gov.uk/social-health/health-and-wellbeing/your-health/children-and-young-peoples-health/children-and-young-peoples-health.aspx

Information about the neurodiversity hub, which is based in Buxton, can be found here – www.zink.org.uk

For more information about Elective Home Education, please see here – <https://www.stmarysnewmills.srscmat.co.uk/information/send/>

There is also lots of information on our school website, including information about the foodbank here – <https://www.stmarysnewmills.srscmat.co.uk/parents/family-support-and-school-health/>

Takiwatanga means "In their own time and space" in Maori

TAKIWATANGA

Tuck shop, Lego, Arts and Crafts, Football, Basketball, Bouncy castle, Table Tennis, Pool, Air Hockey, large outdoor space and more

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**PARENT PEER SUPPORT GROUP
IN THE CAFE AREA**



FOR MORE INFORMATION CONTACT YOUTH MATTERS
ON 07539001555



Healthier Futures at Live Life Better Derbyshire are running free programmes for parents and carers of children and young people aged between 0 – 17

Fancy an 8-week programme? Meet other parents and carers in a fun weekly online group and learn how to make lasting healthy changes together:

If you have a child aged 0 – 5 years old

Some topics covered are: Creating happier and healthier mealtimes and introducing ideas for active play

If you have a child aged 5 - 12 years old

Some topics covered are: Food portions, being active as a family, healthy swaps and family meal times. This programme helps to build healthier habits as a family

Fancy something more bite size? – If you have children aged 0 – 17* years old you may choose to join 1 or more sessions from the list below:

Fussy Eaters: A session for parents who want to help their child to eat a more varied diet. This session includes calm and relaxed mealtimes and learning about fullness cues

Savvy Shopping and Meal Planning: Learn and share ideas about cost effective and healthier ways to shop and plan healthier meals

Portion Sizes, Healthy Food, and Hydration: Learn about portion sizes for your child or young person, and explore healthier food options for your family

Healthier Cooking, Food Swaps, and Healthier Snacking: Explore healthier ways to prepare meals and snacks without compromising on taste

Talking about body image and weight with your child: How to boost your child's body image and self-confidence, how to navigate conversations about weight, where to get more help and support

*Young people aged 13 – 17 can attend with a parent or carer online

Sign up to take part in the programme here

or scan the QR code

Healthier futures - Live Life Better Derbyshire

Telephone 0800 085 2299 (option 2)



CONTROLLED
CONTROLLED



SAFEGUARDING

If you have any concerns about a child or something else, please contact one of St Mary's designated leads for Safeguarding on safeguarding@nmm.srscmat.co.uk, who are:

Mrs Chapman – Headteacher and Senior Safeguarding lead

Mrs Mallabar – Designated Safeguarding Lead, Class Teacher and Mental Health Ambassador

Mrs Laura Chapman (SENCO) – Designated Safeguarding Lead

Mr Matthew Pearson – Designated Safeguarding Lead, Class Teacher

As a school, we are always here to support you and your family. If your family circumstances have changed, for example a loss of a loved one, a separation or even a house move, please do let us know. Changes like these will impact children and it would really help if we knew about your changing circumstances to help us best support you all.



SAFEGUARDING ONLINE

It is really important to think about keeping our children safe online. Please do set parental controls on your children's devices so that you can control what they see and how long they can use their devices for. It is also vital to talk to your children about why you are doing this and let them know that they can talk to you if they see something inappropriate or upsetting.

The NSPCC have some fantastic resources which are free to access, explaining how to keep children safe online and how to set parental controls – <https://www.nspcc.org.uk/keeping-children-safe/online-safety/#guides>

They also have guides about social media platforms and how to help children stay safe when using them. As a reminder, **no primary school age pupils should be accessing social media at all. Primary aged children aren't able to understand the consequences of decisions made when using social media, they are at risk because of WHAT THEY MIGHT SEE, WHO THEY MIGHT SPEAK TO and HOW THEY MIGHT BEHAVE. Please help to keep all of our children safe by ensuring that none of our children are using social media.**

Please also be alert to children watching films or playing games which are not appropriate for their age and stage. Always follow the age guidance and be mindful of young children watching upsetting or violent films or playing games not meant for their age, This can be very distressing and can cause long term harm.

SCHOOL CHROMEBOOKS – AS A REMINDER, THE SCHOOL CHROMEBOOKS THAT CLASS THREE AND FOUR CHILDREN HAVE ARE ONLY TO BE USED FOR LEARNING. IN SCHOOL, THE CHROMEBOOKS ARE FILTERED TO ENSURE THAT NO INAPPROPRIATE SITES CAN BE ACCESSED BUT ONCE THE DEVICE IS TAKEN HOME, WE DO NOT HAVE CONTROL OF WHAT IS VIEWED AS THIS IS LINKED TO YOUR HOME WI-FI CONTROLS. CHILDREN SHOULD NOT BE ACCESSING SITES SUCH AS TIKTOK, YOUTUBE, FACEBOOK ETC. ON THESE DEVICES. CHILDREN SHOULD NOT BE LEFT UNSUPERVISED ON THEIR CHROMEBOOKS. IF WE FIND THAT CHILDREN ARE NOT USING THEM PROPERLY, WE WILL REMOVE THE DEVICES FOR HOME USE.



EXTRA INFORMATION

EVERY MINUTE COUNTS



CHILDREN FIND ARRIVING LATE FOR SCHOOL UPSETTING AND THEY MISS OUT ON IMPORTANT OPPORTUNITIES. PLEASE WORK WITH US TO PROVIDE YOUR CHILD WITH THE BEST CHANCES OF LEARNING BY ENSURING THEY ARE IN SCHOOL EVERY DAY AND ON TIME.

Your child has arrived in good time to meet friends and get ready for morning work in class.

8.45AM

The school day begins at 8.45am with soft start for key stage one. The classrooms are open and children should come into school.



8.55AM

The register is completed. Children should be ready to start their learning.

9.00am – Your child is late and has missed the beginning of the school day. 5 minutes late means 3 days lost per year.

9.10AM

The teacher has explained the learning and lessons have started.

9.10am – 15 minutes late means 9 days lost per year

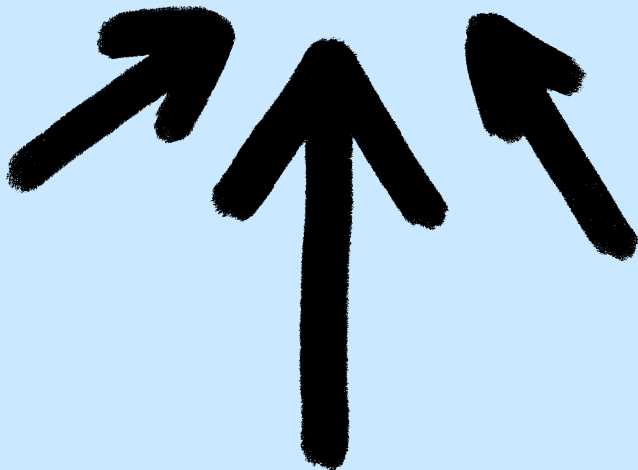
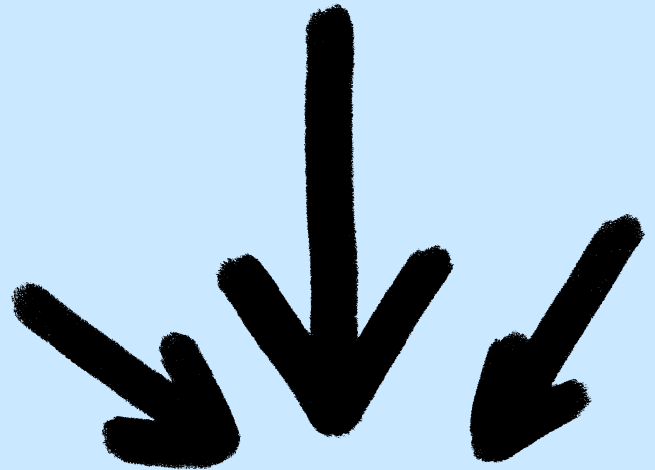


9.15AM

Lessons are well underway and work is being produced.



9.15am – The register closes. Any arrival after this time is an unauthorised absence



Could your child be entitled to Free School Meals?

For every pupil registered, the school will receive additional funding in the school budget called Pupil Premium which is used to help raise achievement levels.

By ensuring that as many eligible families as possible have applied for free school meals, we will receive our maximum Pupil Premium funding which enables us to provide the best education for our pupils.

Search 'Derbyshire County Council Free School Meals' for the link to apply!

We encourage parents of children who receive Universal Infant Free School Meals to still apply for Free School Meals as this will ensure school receives essential funding.

Please contact the school office if you need any support applying for Free School Meals.



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