

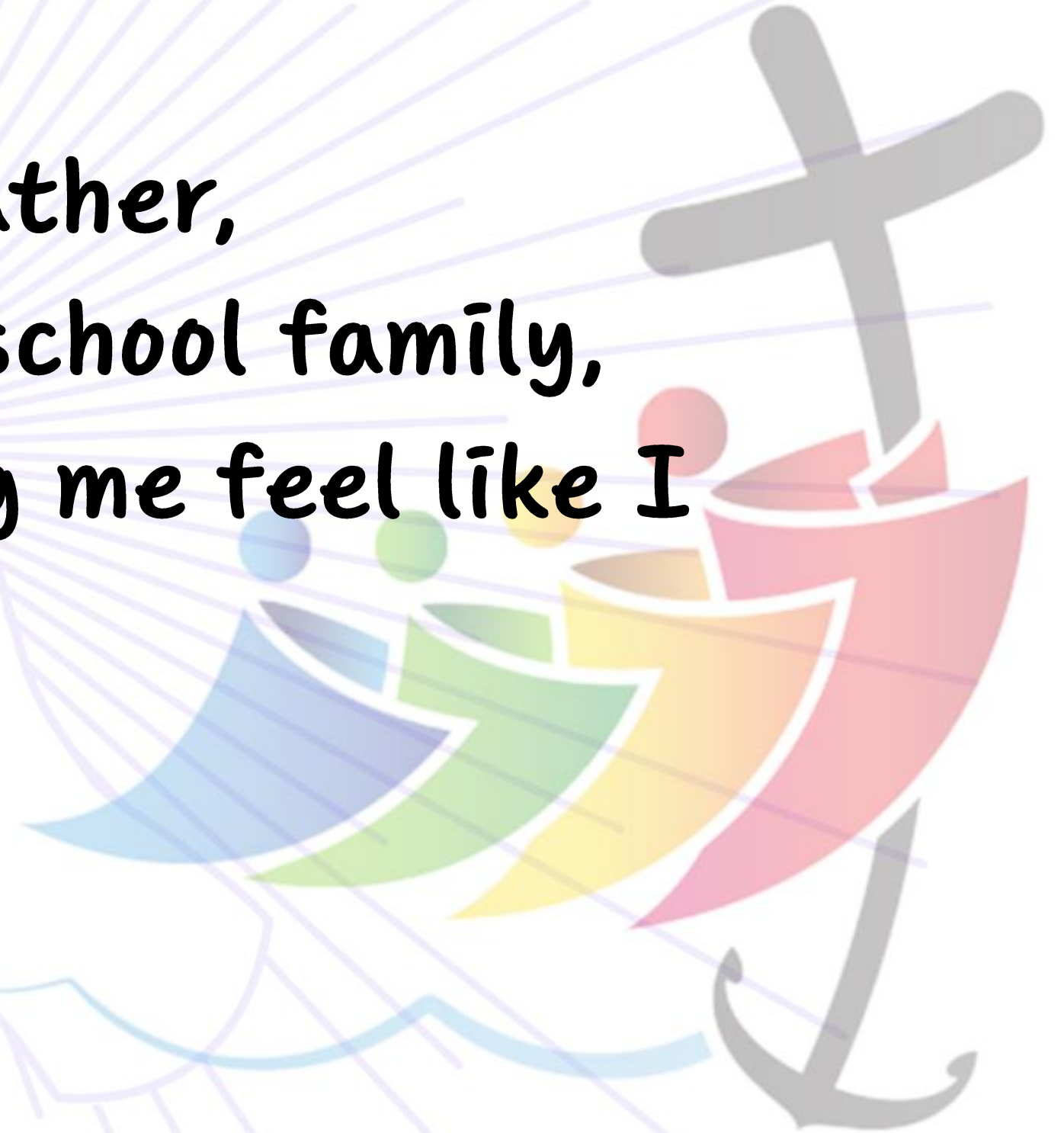


# Week 1 Belonging



St Ralph  
Sherwin  
Catholic Multi Academy Trust

God our Father,  
Thank you for our school family,  
thank you for helping me feel like I  
belong  
Amen







# Week 2 Temperance



St Ralph  
Sherwin  
Catholic Multi Academy Trust

Jesus help me to control  
my emotions.  
Amen





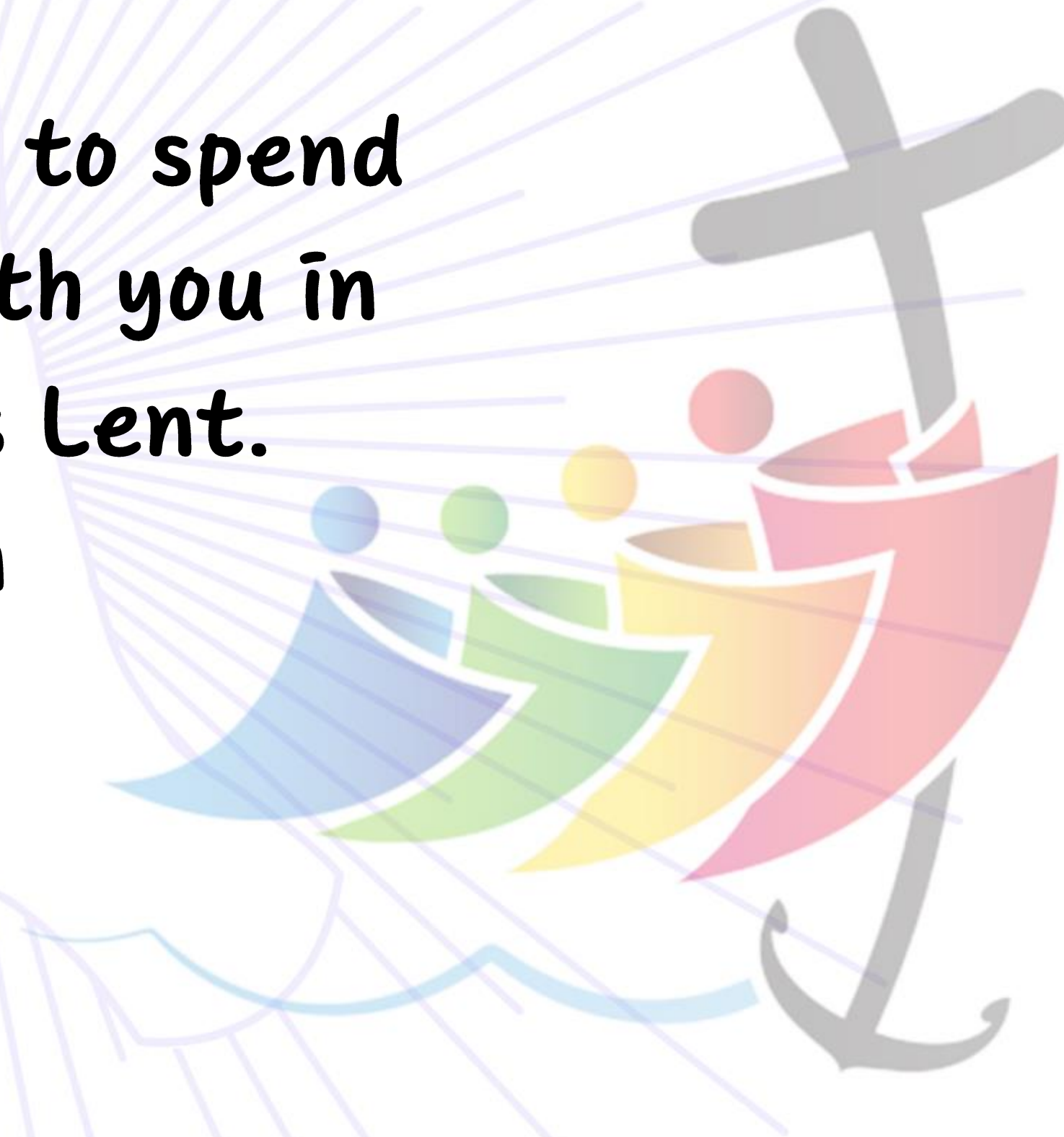


# Week 3 Prayer



**St Ralph  
Sherwin**  
Catholic Multi Academy Trust

**Jesus help me to spend  
more time with you in  
prayer this Lent.  
Amen**







Week 4  
Fasting



St Ralph  
Sherwin  
Catholic Multi Academy Trust

FASTING

Who can tell me if they have given  
anything up for Lent?



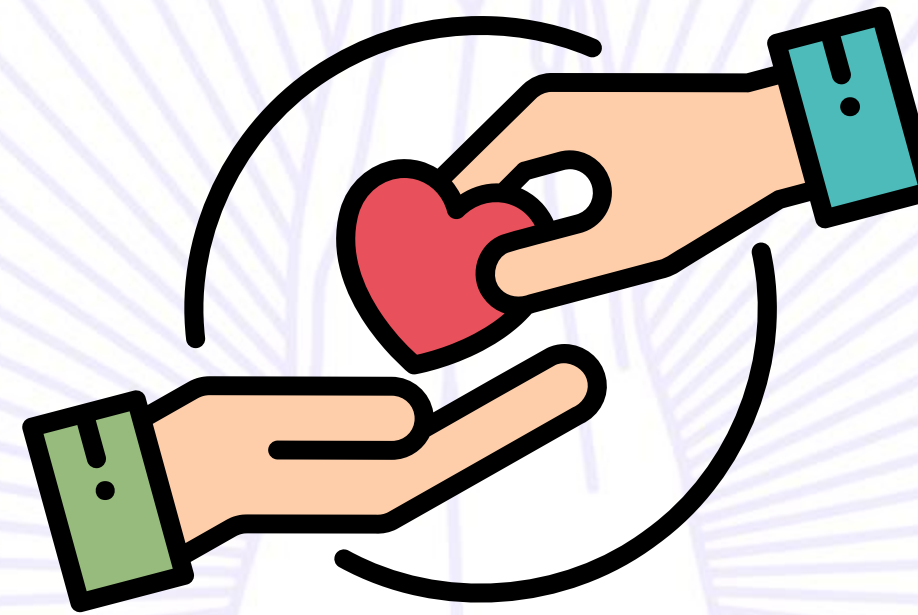




## Week 5 Almsgiving



St Ralph  
Sherwin  
Catholic Multi Academy Trust



Is there anything that I have at home that I no longer use that  
I can give to charity?

Lord, help me to give what I no longer use to that need it.

Amen





# Week 6 Sacrifice

Loving God,  
We thank you for giving your Son for  
our wrong doings  
Amen



St Ralph  
Sherwin  
Catholic Multi Academy Trust







# Hail Mary



**St Ralph  
Sherwin**  
Catholic Multi Academy Trust

**HAIL, MARY, FULL OF GRACE,  
THE LORD IS WITH THEE.  
BLESSED ART THOU AMONGST WOMEN  
AND BLESSED IS THE FRUIT OF THY WOMB,  
JESUS.  
HOLY MARY, MOTHER OF GOD,  
PRAY FOR US SINNERS,  
NOW AND AT THE HOUR OF OUR DEATH.  
AMEN.**







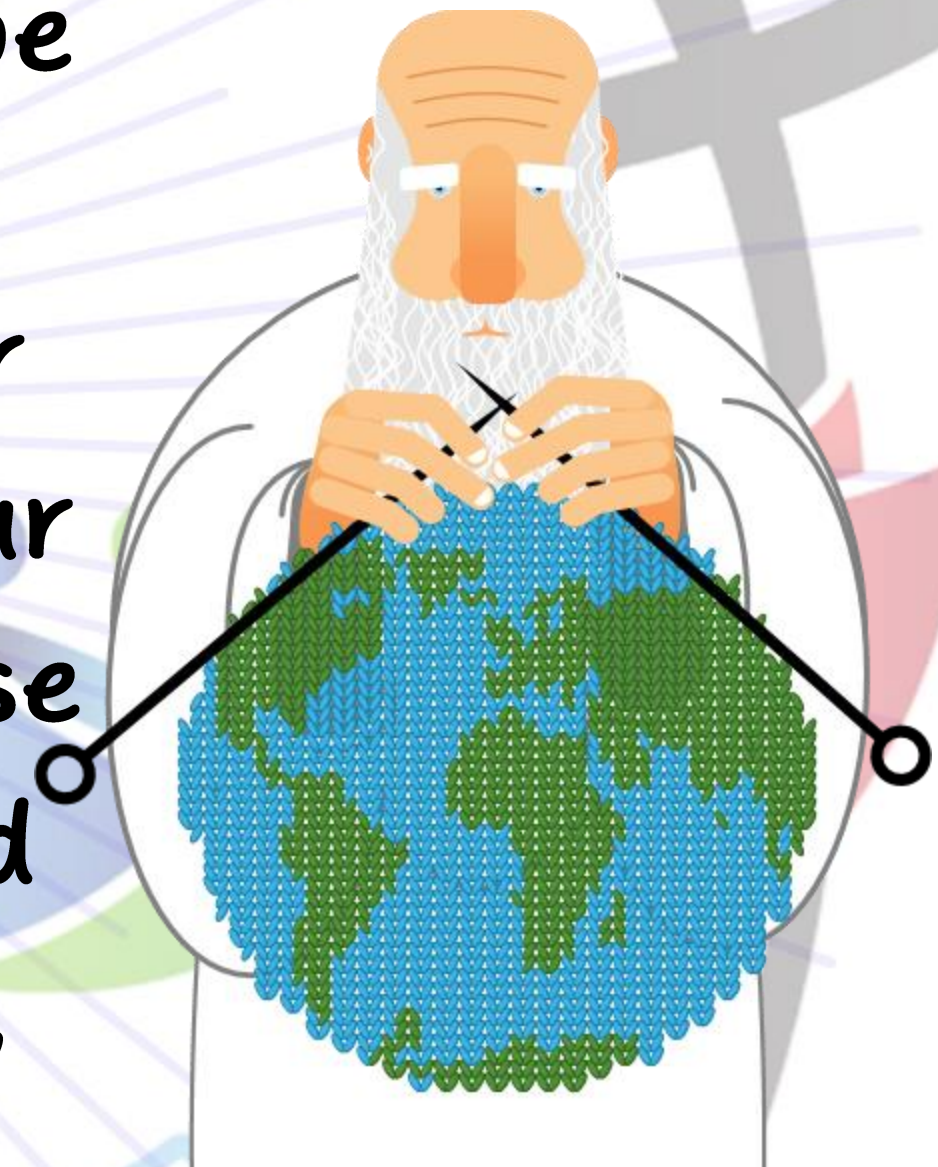
## Our Father

Our Father, Who art in  
Heaven, hallowed be Thy name;  
Thy Kingdom come, Thy will be  
done on earth as it is in  
Heaven. Give us this day our  
daily bread; and forgive us our  
trespasses as we forgive those  
who trespass against us; and  
lead us not into temptation,  
but deliver us from evil.

Amen.



St Ralph  
Sherwin  
Catholic Multi Academy Trust







Fr John Prayer



St Ralph  
Sherwin  
Catholic Multi Academy Trust

**I AM IMPORTANT AND PRECIOUS BECAUSE GOD  
LOVES ME.**

