

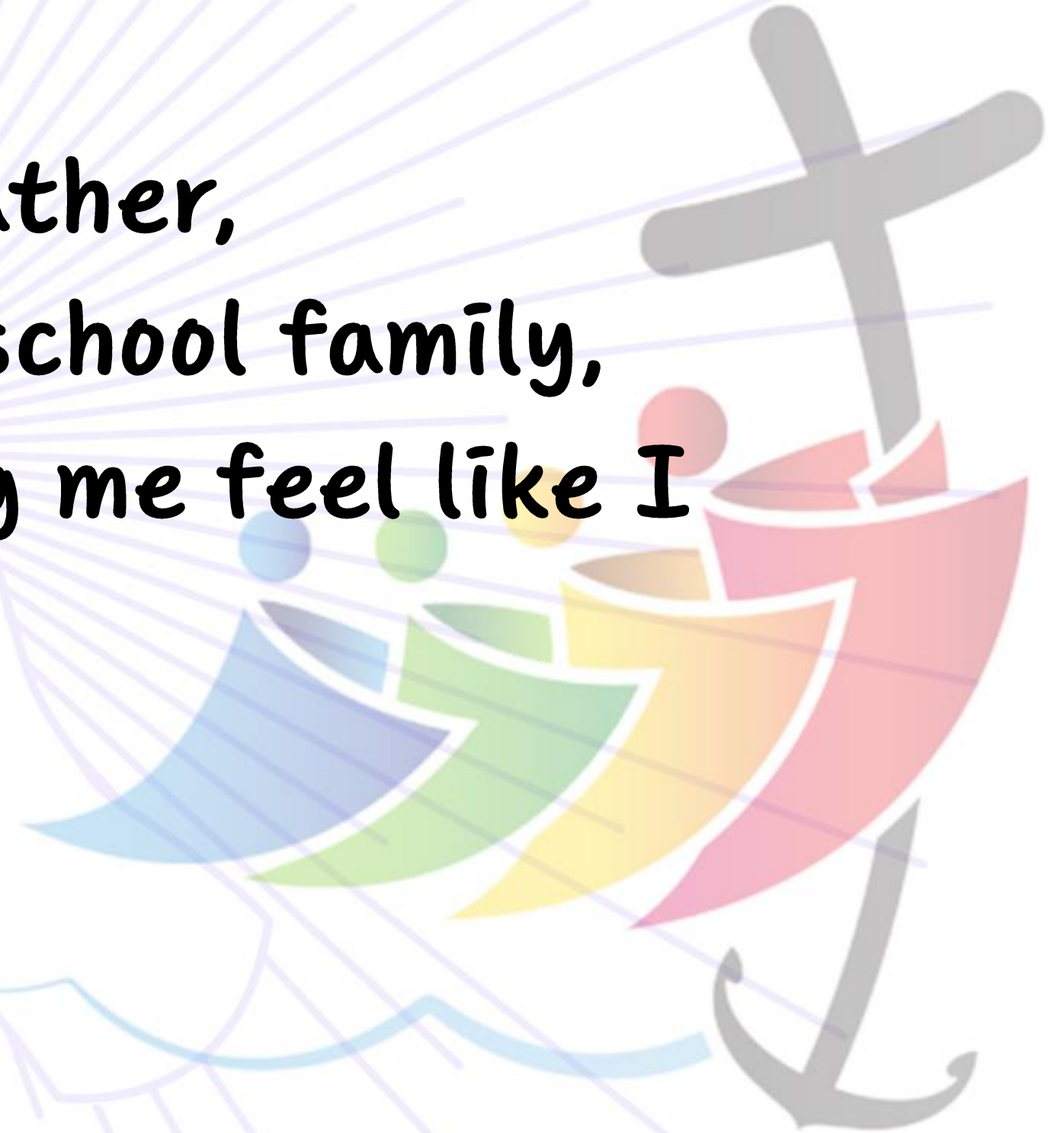


Week 1 Belonging



St Ralph
Sherwin
Catholic Multi Academy Trust

God our Father,
Thank you for our school family,
thank you for helping me feel like I
belong
Amen





Week 2 Temperance



St Ralph
Sherwin
Catholic Multi Academy Trust

Jesus help me to control
my emotions.
Amen





Week 3 Prayer



**St Ralph
Sherwin**
Catholic Multi Academy Trust

**Jesus help me to spend
more time with you in
prayer this Lent.
Amen**





Week 4
Fasting



St Ralph
Sherwin
Catholic Multi Academy Trust

FASTING

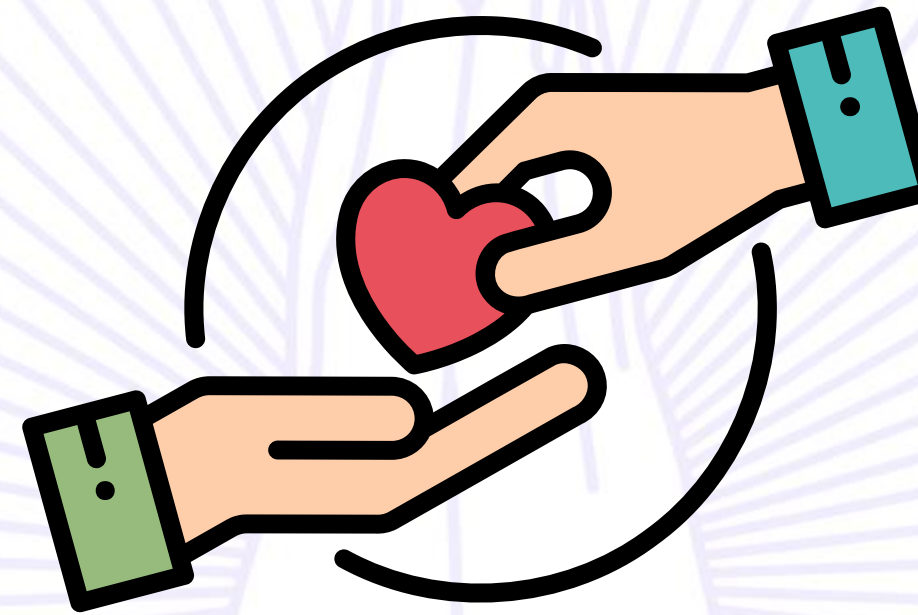
Who can tell me if they have given
anything up for Lent?
Why have you given up those things?



Week 5 Almsgiving



St Ralph
Sherwin
Catholic Multi Academy Trust



Is there anything that I have at home that I no longer use that
I can give to charity?

Lord, help me to give what I no longer use to that need it.

Amen

PAUSE 2 PRAY



Week 6 Sacrifice

Loving God,

We thank you for giving your Son for our wrong
doings. Help us to forgive those who hurt us.

Amen



St Ralph
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Catholic Multi Academy Trust





Fr John Prayer



St Ralph
Sherwin
Catholic Multi Academy Trust

**I AM IMPORTANT AND PRECIOUS BECAUSE GOD
LOVES ME.**





Hail Mary



**St Ralph
Sherwin**
Catholic Multi Academy Trust

**HAIL, MARY, FULL OF GRACE,
THE LORD IS WITH THEE.
BLESSED ART THOU AMONGST WOMEN
AND BLESSED IS THE FRUIT OF THY WOMB,
JESUS.
HOLY MARY, MOTHER OF GOD,
PRAY FOR US SINNERS,
NOW AND AT THE HOUR OF OUR DEATH.
AMEN.**





Our Father

Our Father, Who art in
Heaven, hallowed be Thy name;
Thy Kingdom come, Thy will be
done on earth as it is in
Heaven. Give us this day our
daily bread; and forgive us our
trespasses as we forgive those
who trespass against us; and
lead us not into temptation,
but deliver us from evil.

Amen.



St Ralph
Sherwin
Catholic Multi Academy Trust

