



Week 1 Belonging



St Ralph
Sherwin
Catholic Multi Academy Trust

Loving Jesus,
Thank you for making us all special
and part of your family.

Help us to love one another, share
kindness, and feel safe in your care.

May we always remember that we
belong to You and to each other.

Amen.



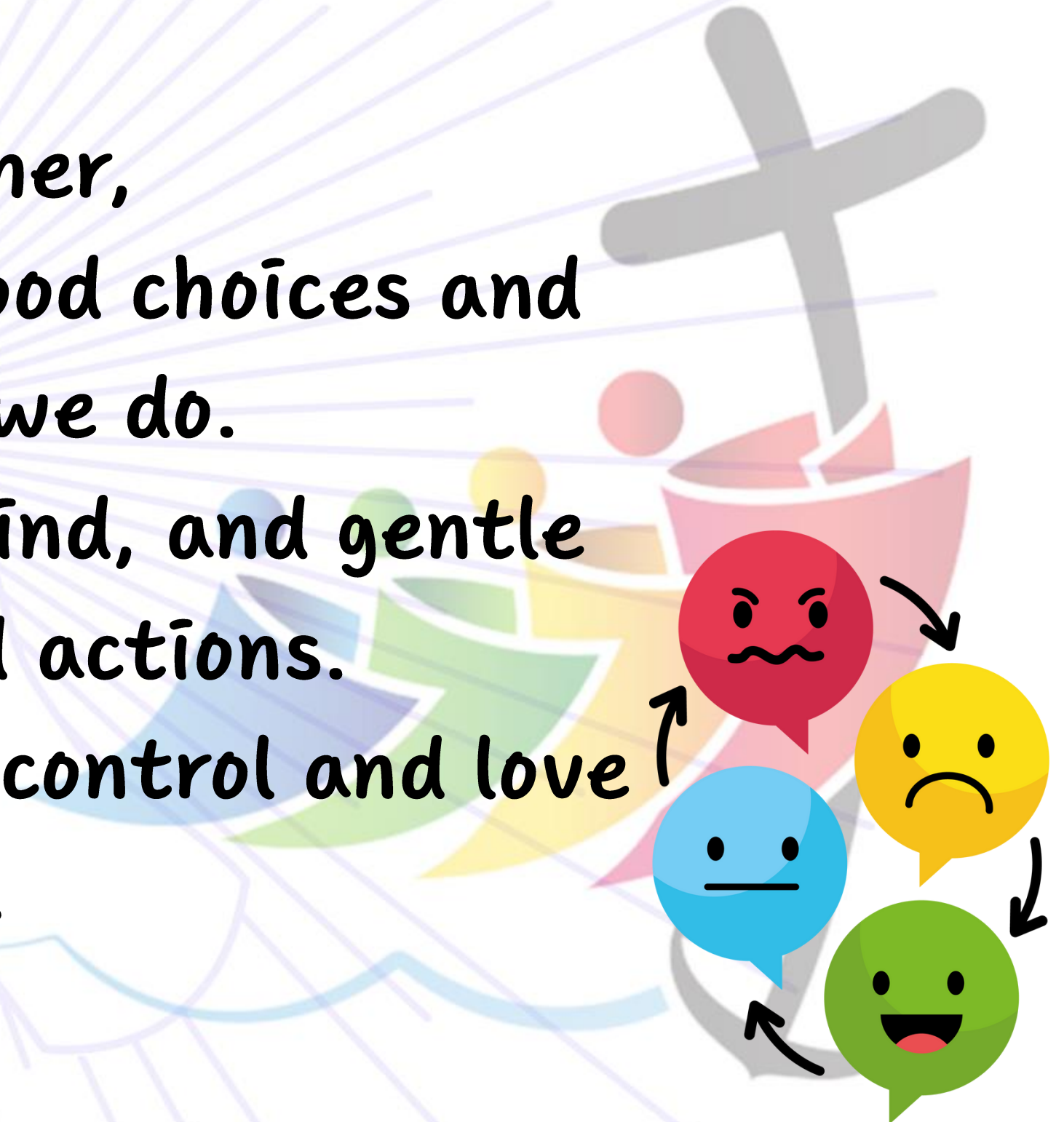


Week 2 Temperance



St Ralph
Sherwin
Catholic Multi Academy Trust

Heavenly Father,
Please help us to make good choices and
stay calm in all we do.
Teach us to be patient, kind, and gentle
with our words and actions.
May we always show self-control and love
for others.
Amen.





Week 3 Prayer



**St Ralph
Sherwin**
Catholic Multi Academy Trust

**Jesus help me to spend
more time with you in
prayer this Lent.
Amen**





Week 4
Fasting



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Sherwin
Catholic Multi Academy Trust

FASTING

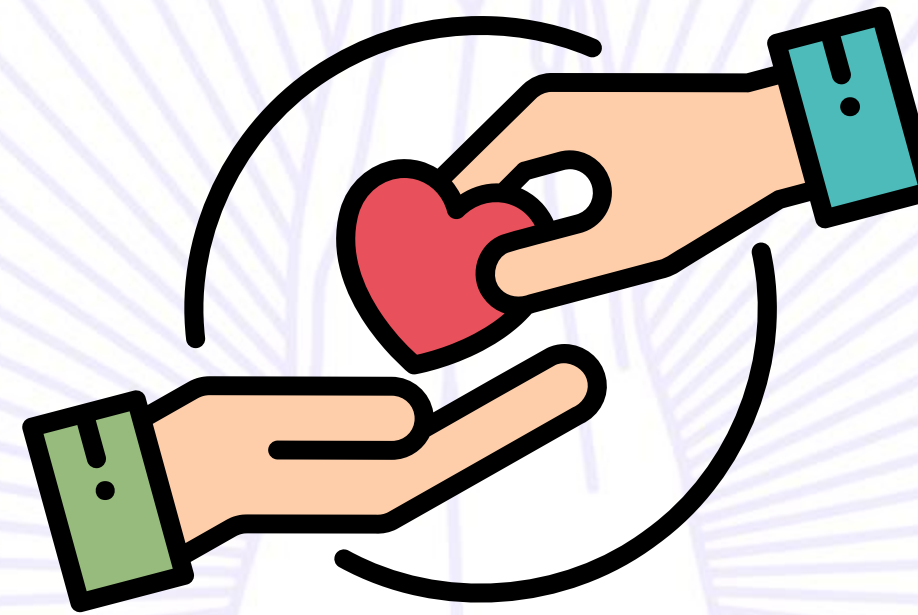
Who can tell me if they have given
anything up for Lent?
Why have you given up those things?



Week 5 Almsgiving



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Catholic Multi Academy Trust



Is there anything that I have at home that I no longer use that
I can give to charity?

Lord, help me to give what I no longer use to that need it.

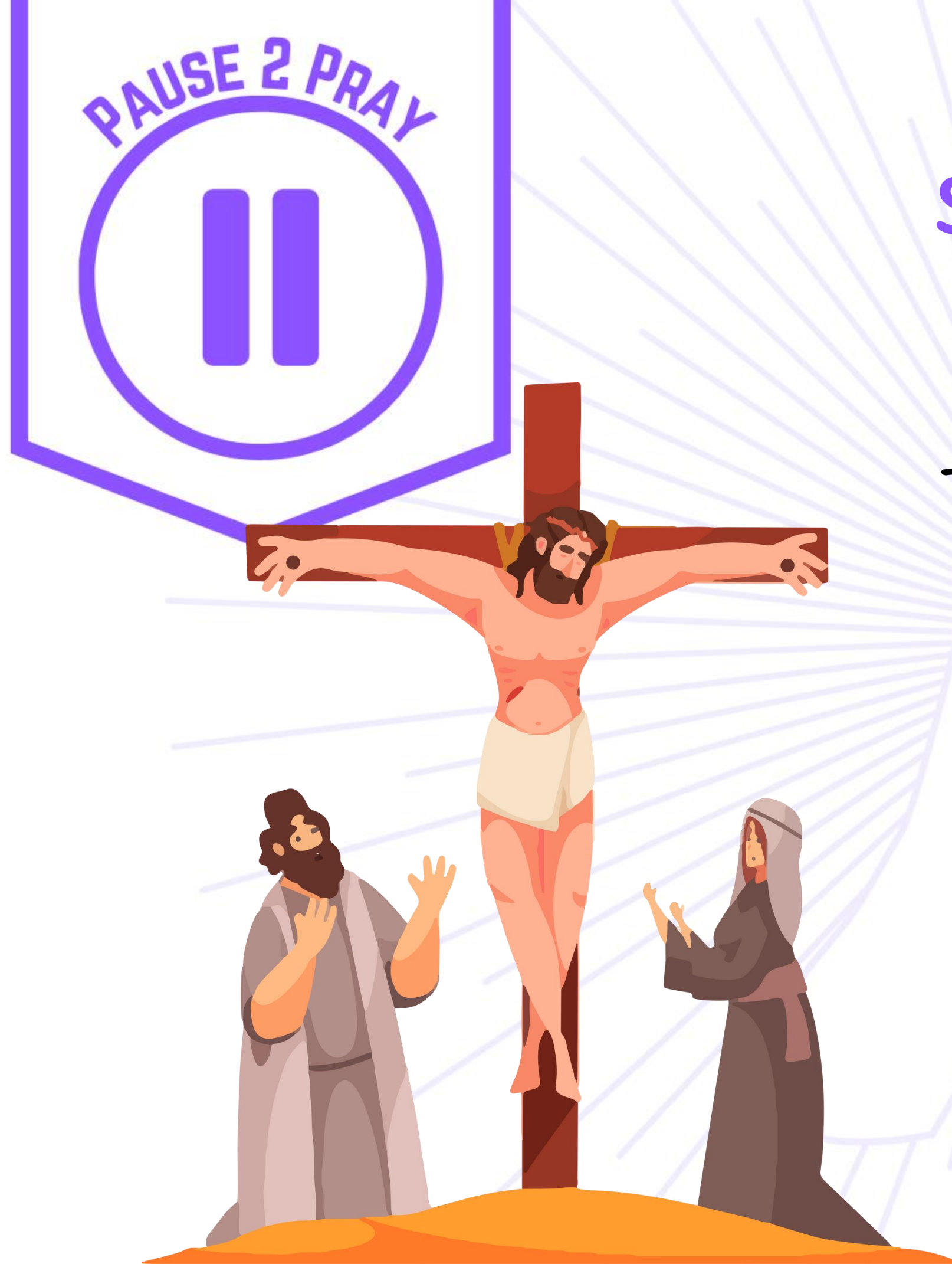
Amen

Week 6 Sacrifice



**St Ralph
Sherwin**
Catholic Multi Academy Trust

Jesus,
Thank you for your love and for teaching us
how to give.
Help us to be generous and willing to share
with others,
even when it means making a sacrifice.
May we follow your example of love and
kindness.
Amen.





Hail Holy Queen

Hail, Holy Queen, Mother of Mercy,
our life, our sweetness and our hope.

To you do we cry,
poor banished children of Eve.
To you do we send up our sighs,
mourning and weeping in this valley of tears
Turn then, most gracious advocate,
your eyes of mercy toward us,
and after this exile
show unto us the blessed fruit of thy womb,
Jesus.

O clement, O loving,
O sweet Virgin Mary.



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Hail Mary



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Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women
and blessed is the fruit of thy womb,
Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.





Open Prayer



**St Ralph
Sherwin**
Catholic Multi Academy Trust

**Is there anyone that you would
like us to pray for today?**





Fr John Prayer



St Ralph
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**I AM IMPORTANT AND PRECIOUS BECAUSE GOD
LOVES ME.**





Glory Be



**St Ralph
Sherwin**
Catholic Multi Academy Trust

**Glory Be to the Father,
and to the Son, and to
the Holy Spirit. As it
was in the beginning, is
now, and ever shall be,
world without end.
Amen**





Angel of God



**St Ralph
Sherwin**
Catholic Multi Academy Trust

Angel of God, my
guardian dear, To whom
God's love commits me
here, Ever this day, be
at my side, To light and
guard, Rule and guide.
Amen.





Act of Hope



St Ralph
Sherwin
Catholic Multi Academy Trust

My God, I hope in you,
for grace and for glory,
because of your
promises,
your mercy and power.
Amen.

HOPE

