

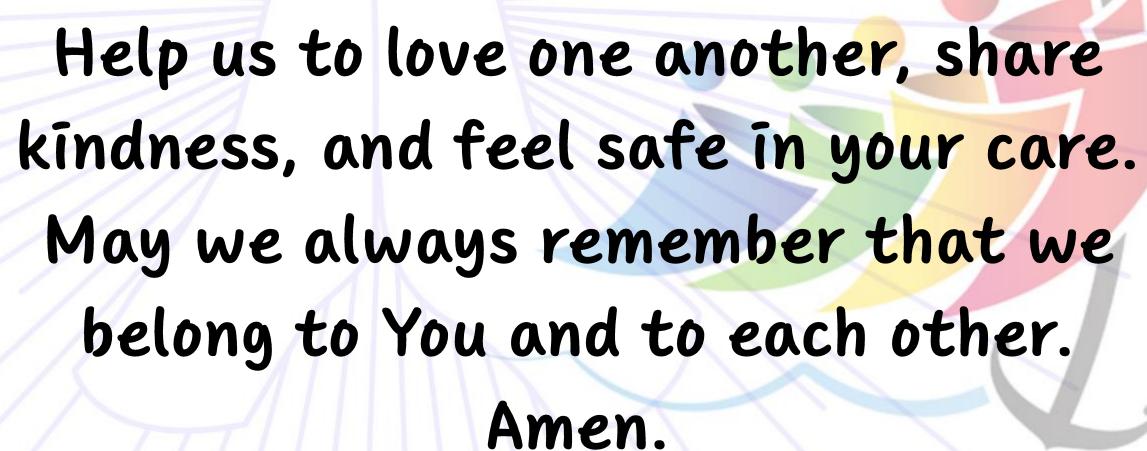








Thank you for making us all special and part of your family.







Week 2 Temperance





Heavenly Father,
Please help us to make good choices and
stay calm in all we do.

Teach us to be patient, kind, and gentle with our words and actions.

May we always show self-control and love for others.

Amen.





Week 3 Prayer





Jesus help me to spend more time with you in prayer this Lent.

Amen





Week 4 Fasting





EFASTING,

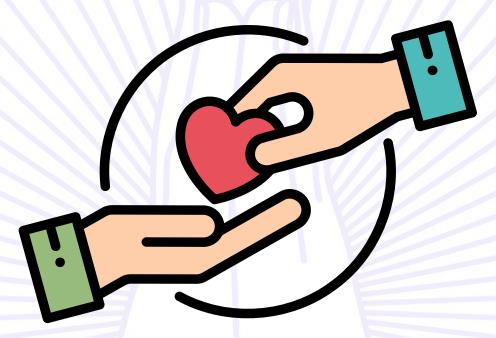
Who can tell me if they have given anything up for Lent?
Why have you given up those things?
How does this link to scriptures?



Week 5 Almsgiving





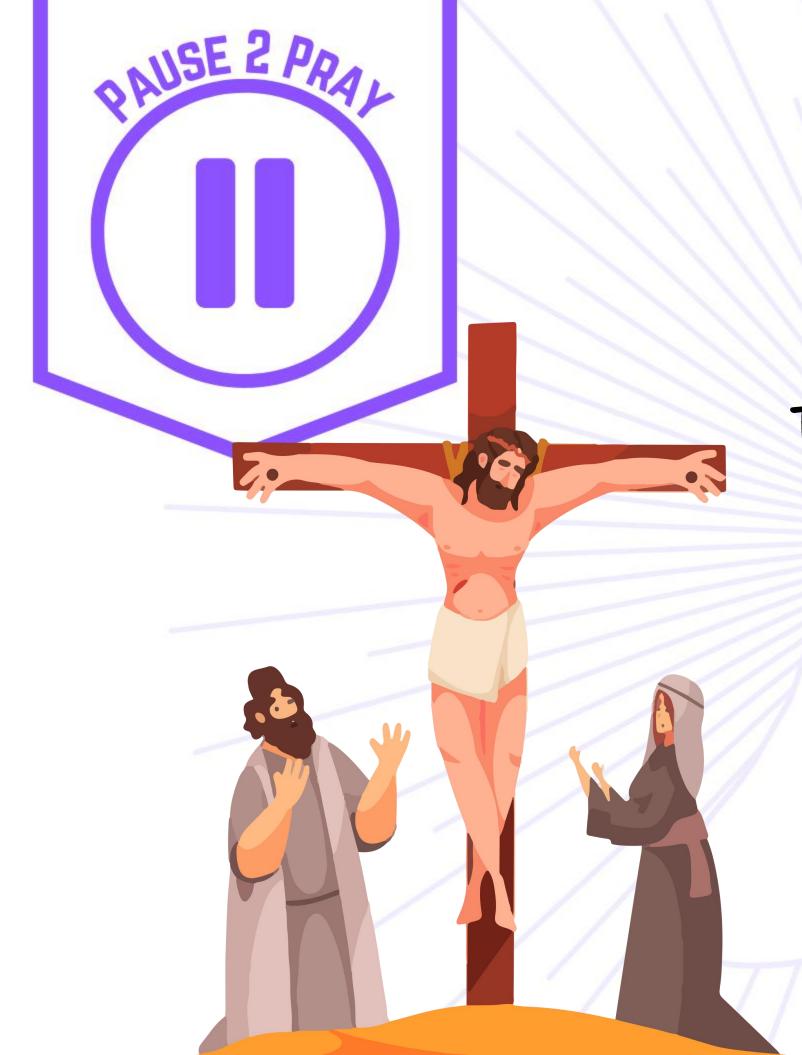


Is there anything that I have at home that I no longer use that I can give to charity?

Why is this important? How does this link to our CST principles?

Lord, help me to give what I no longer use to that need it.

Amen









Jesus,

Thank you for your love and for teaching us how to give.

Help us to be generous and willing to share with others, even when it means making a sacrifice. May we follow your example of love and kindness.

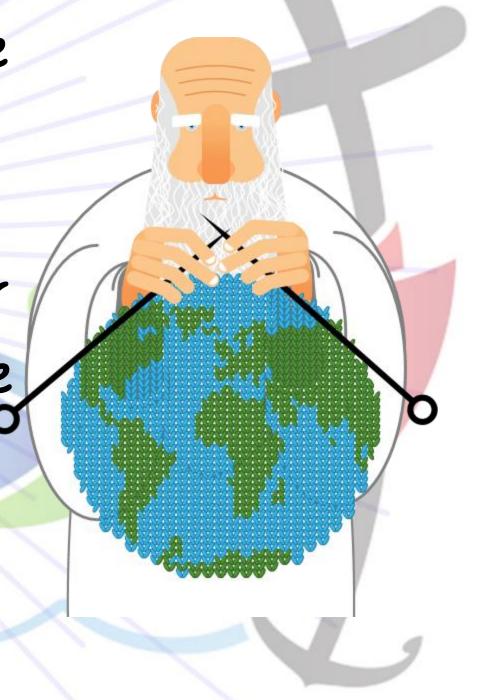
Amen.



Our Father

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.







Hail Holy Queen

Hail, Holy Queen, Mother of Mercy our life, our sweetness and our hope.

To you do we cry,

poor banished children of Eve.

To you do we send up our sighs,

mourning and weeping in this valley of tears

Turn then, most gracious advocate,

your eyes of mercy toward us,

and after this exile

show unto us the blessed fruit of thy womb,

Jesus.

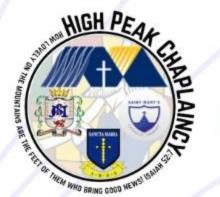
0 clement, 0 loving, 0 sweet Virgin Mary.







Hail Mary





Hail, Mary, full of grace, the Lord is with thee.

Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen.



Fr John Prayer





I AM IMPORTANT AND PRECIOUS BECAUSE GOD LOVES ME.





Glory Be





Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen





Angel of God





Angel of God, my guardian dear, To whom God's love commits me here, Ever this day, be at my side, To light and guard, Rule and guide. Amen.





Act of Hope





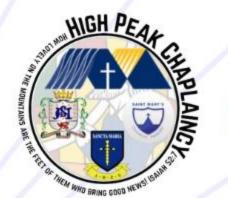
My God, I hope in you, for grace and for glory, because of your promises, your mercy and power.

Amen.





Act of Sorrow





0 my God, I thank you for loving me.

I am sorry for all my sins:

for not loving others

and not loving you.

Help me to live like Jesus and not sin again.

Amen.

